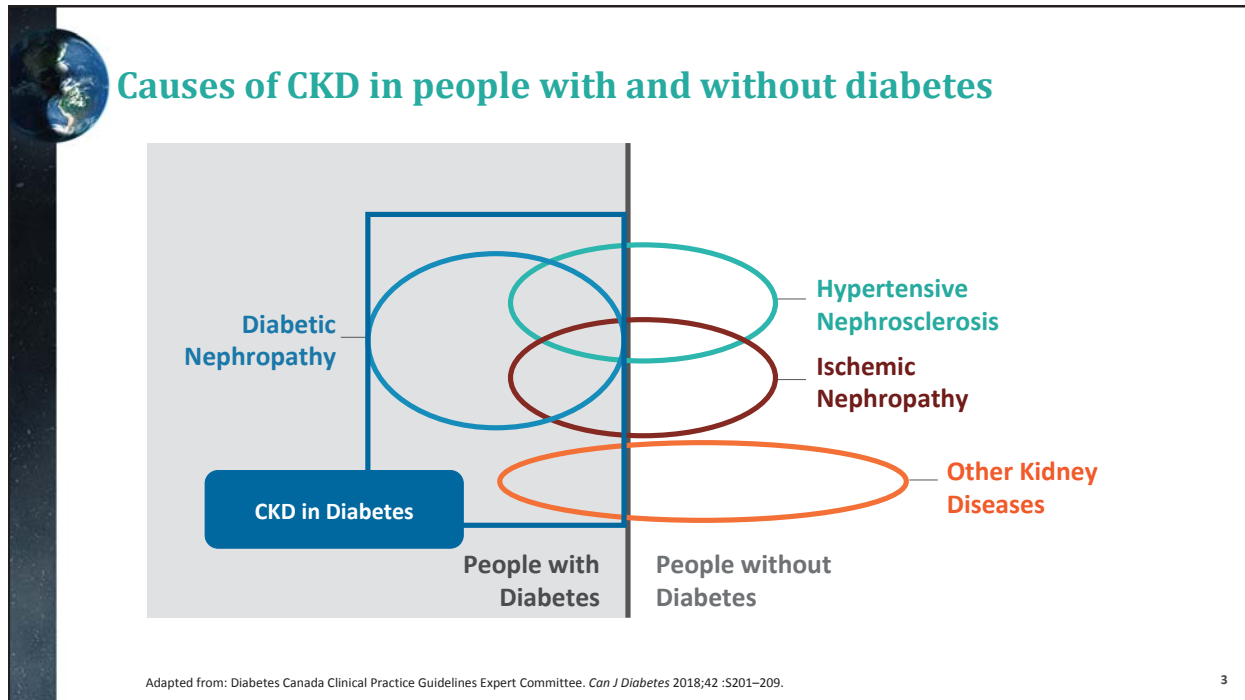


## Learning Objectives

**Upon completion of this program, participants will be better able to:**

- Define chronic kidney disease (CKD) in diabetes and its prevalence
- Discuss current standards of care in the treatment of CKD in patients with diabetes and the need for new therapeutic interventions
- Apply evidence from recent clinical trials in patients with diabetes with renal outcomes

2




## High prevalence and burden of CKD in diabetes

- **40-50%** of people with diabetes will develop CKD<sup>1,2</sup>
  - **CKD is more common than CVD** in patients with T2DM (24.1% vs 21.6%)<sup>3</sup>
- Diabetes is the **leading cause of new cases of ESKD** in Canada<sup>4</sup>
  - **~50%** of adults **requiring dialysis or renal replacement** have ESKD attributable to diabetes<sup>2</sup>
- **CKD in diabetes can lead to complications**, including significant reductions in both length and quality of life<sup>5</sup>
  - Between 1990 and 2012, number of **deaths due to CKD in patients with T2DM rose by 94%**<sup>6</sup>

ESKD, End-stage kidney disease; CKD: Chronic kidney disease; CVD: cardiovascular disease; T2DM: type 2 diabetes mellitus


1. Alicic et al. *Clin J Am Soc Nephrol* 2017;12:2032–45. 2. Steele A. *LMC Clinical Practice Update* 2018 [in press]; 3. Iglay et al. *Curr Med Res Opin* 2016;32(7):1243-52. 4. Public Health Agency of Canada. *Diabetes in Canada: Facts and figures from a public health perspective*. Ottawa, ON: 2011. 5. Diabetes Canada Clinical Practice Guidelines Expert Committee. *Can J Diabetes* 2018;42 :S201–209. 6. Lozano et al. *Lancet* 2012;380:2095–128.



## Screening kidney function in patients with T2DM

- Significant renal disease can be present at the time of T2DM diagnosis
- Screening should take place:
  - **Immediately upon diagnosis**
  - **Annually thereafter**
- Measurements of urinary albumin excretion and eGFR
  - Albumin: Random urine albumin to creatinine ratio (urine ACR)
  - eGFR: Based on serum creatinine

Diabetes Canada Clinical Practice Guidelines Expert Committee. *Can J Diabetes* 2018;42:S201–209.



## CKD Staging

- Serum creatinine is not a good measure of kidney function in people with diabetes
  - GFR usually will be **less than half of normal** before the serum creatinine exceeds the lab normal range
- Patient A has an increased risk of:
  - All-cause mortality
  - CV Mortality
  - ESRD
  - CKD Progression


Renal Disease Progression

Albuminuria categories (mg/g)


	A1: <30	A2: 30-299	A3: ≥300	
≥90	B			Level of Risk: Low Moderately increased High Very high
60-90				
45-59				
30-44				
15-29				
<15				

Diabetes Canada Clinical Practice Guidelines Expert Committee. *Can J Diabetes* 2018;42:S201–209.


**Over the last 20 years, Diabetes Canada (CDA) has advocated a three-pillared approach for patients with T2DM and renal impairment**



**(Grade A)**  
**Target  $\leq 7.0\%$**



**(Grade A)**  
**Target  $< 130/80$  mmHg**



**(Grade A)**  
**Treatment**

Grade A recommendations are supported by systematic overview or meta-analysis of high-quality randomized clinical trials (RCTs) or appropriately designed RCT(s) with adequate power to answer the question posed by the investigators

CDA: Canadian Diabetes Association; T2D: type 2 diabetes; A1C: glycated hemoglobin; BP: blood pressure; ACEi: angiotensin converting enzyme inhibitor; ARB: angiotensin receptor blocker

1. Meltzer S, et al. *CMAJ* 1998;159(Suppl 8):S1-S29. 2. CDA Clinical Practice Guidelines Expert Committee. *Can J Diabetes* 2008;32(Suppl 1):S1-S201.  
 3. CDA Clinical Practice Guidelines Expert Committee. *Can J Diabetes* 2013;37: S129-136.  
 4. Diabetes Canada Clinical Practice Guidelines Expert Committee. *Can J Diabetes* 2018;42 :S201-209.

**Despite these interventions, there has been little improvement in the rate of ESKD**

- Rates of other major complications in diabetes have declined
- Rates of ESKD have actually increased among older adults

Year	Stroke	Acute MI	Amputation	ESKD	Death from hyperglycemic crisis
1990	~145	~115	~60	~30	~4
1995	~145	~115	~70	~35	~4
2000	~105	~85	~50	~30	~3
2005	~65	~65	~40	~25	~2
2010	~55	~55	~30	~25	~2

ESKD, end-stage kidney disease; MI: myocardial infarction  
 Adapted from: Gregg EW, et al. *N Engl J Med* 2014;370:1514-23.

## ACEi or ARB: “Gold standard” for CKD in diabetes

	N	Albuminuria	Baseline renal function	2xCr, ESKD, Renal Death – # of events	Relative Risk Reduction
IDNT <sup>1</sup> (irbesartan)	1715	Median 1900 mg/d (1000 – 3800 mg/d)	Mean Cr: 148 µmol/L	<b>644</b>	<b>20%</b> (p=0.006)
RENAAL <sup>2</sup> (losartan)	1513	Median ACR: ~140 mg/mmol	Mean Cr: 168 µmol/L	<b>686</b>	<b>16%</b> (p = 0.02)
ACEi Collaborative study group <sup>3</sup> (captopril)	409	Mean proteinuria: 2500 mg/d	Mean Cr: 115 µmol/L	<b>2xCrR: 68</b> <b>Death or ESKD: 65</b>	<b>43%</b> (p = 0.007) <b>46%</b>

ACEi: Angiotensin-converting-enzyme inhibitor; ARB: Angiotensin receptor blocker  
 1. Lewis EJ, et al. *N Engl J Med* 2001;345:851-60. 2. Brenner BM et al *New Engl J Med* 2001;345:861-69. 3. Lewis EJ, et al. *N Engl J Med* 1993; 329:1456-1462

## ACEi or ARB: “Gold standard” for CKD in diabetes

### ARB<sup>1</sup>

End-Stage Kidney Disease (%)

Months of study

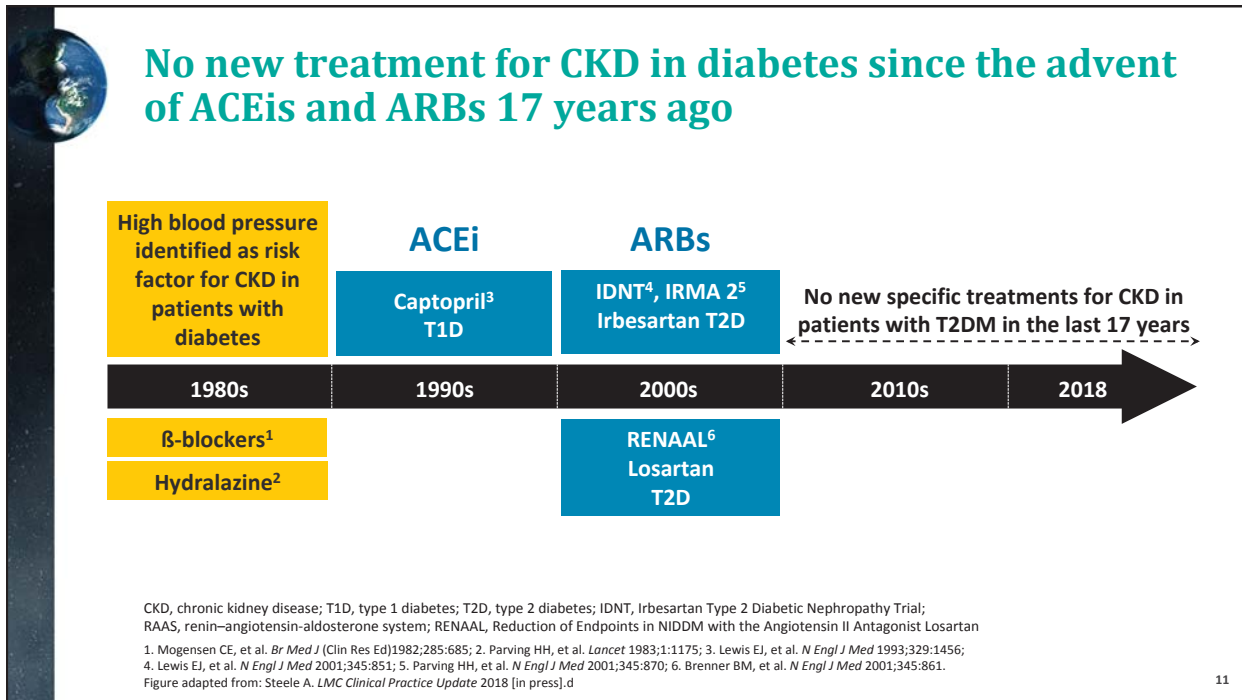
### ACE Inhibitor<sup>2</sup>

% Who Died or Needed Dialysis/Transplantation


Years of Follow-up

- Risk reduction associated with ACEi or ARB agents was an important development in primary care
- There is still a clear unmet need for new therapeutic interventions

Note that this does not represent a head-to-head comparison or of ARB and ACEi effects in patients with CKD and diabetes.  
 1. Brenner BM, et al *New Engl J Med* 2001;345:861-69. 2. Lewis EJ, et al. *N Engl J Med*. 1993; 329:1456-1462.




**Newer Antihyperglycemic Agents in Patients with CKD and T2DM**



## DDP4-inhibitors in Patients with CKD and Diabetes

Advantages	Disadvantages
<ul style="list-style-type: none"><li>• Safe in patients with renal impairment</li><li>• No increased CV risk</li></ul>	<ul style="list-style-type: none"><li>• No demonstrated CV benefit</li><li>• No demonstrated benefit on hard renal outcomes (doubling sCreat, ESKD, renal death)</li></ul>


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## GLP1- RA in Patients with CKD and Diabetes

Advantages	Disadvantages
<ul style="list-style-type: none"><li>• Benefit on composite renal outcome was driven by a reduction in new-onset macroalbuminuria</li><li>• Maintain A1C efficacy in renal impairment</li><li>• Some agents can be used to eGFR of 15 mL/min/1.73 m<sup>2</sup></li></ul>	<ul style="list-style-type: none"><li>• No demonstrated benefit on hard renal outcomes</li><li>• Injectables</li></ul>

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## Emerging evidence supports a new intervention for CKD in diabetes: SGLT2 inhibitors (SGLT2i)

**A1C Control**

SGLT2i agents effectively lower A1C

**BP Control**


SGLT2i ↓ SBP by ≈4 mmHg and ↓ DBP by ≈2 mmHg

“In adults with type 2 diabetes with clinical CVD in whom glycemic targets are not achieved with existing antihyperglycemic medication(s) and with an eGFR >30 mL/min/1.73m<sup>2</sup>, an SGLT2 inhibitor with proven renal benefit may be considered to reduce the risk of progression of nephropathy.”

– Diabetes Canada Guidelines, Chapter 29: Chronic Kidney Disease in Diabetes

Diabetes Canada Clinical Practice Guidelines Expert Committee. *Can J Diabetes* 2018;42:S88–103. Baker WL, et al. *J Am Heart Assoc* 2017;6:e005686.

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## Potential Renal Protective Mechanisms with SGLT2 Inhibition

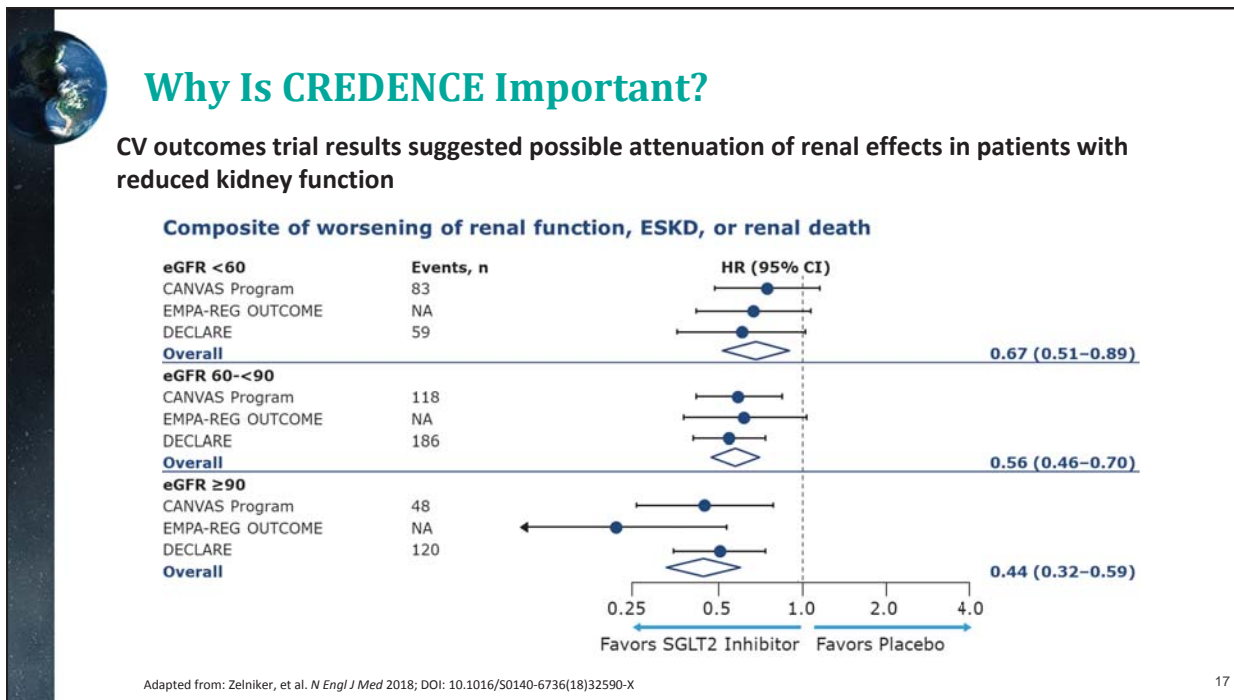
Indirect Effects	Direct Effects
<ul style="list-style-type: none"> <li>• Improved glycemic control</li> <li>• Reduced insulin levels</li> <li>• Improved insulin sensitivity</li> <li>• Weight loss</li> <li>• Reduced blood pressure</li> <li>• Reduced uric acid</li> </ul>	<ul style="list-style-type: none"> <li>• Prevent hyperfiltration</li> <li>• Renin angiotensin system (?)</li> <li>• Prevent tubular hypertrophy</li> <li>• Reduced tubular toxicity of glucose</li> <li>• Reduced nephrolithiasis?</li> </ul>

Clinical effect on renal outcomes examined in dedicated renal outcome trials

SGLT2: Sodium glucose co-transporter 2  
Thomas MC. *Ther Adv Endo Metab* 2014;5:53–61; Gembardt F, et al. *Am J Physiol Renal Physiol* 2014;307:F317–25; Škrtić M, Cherney DZ. *Curr Opin Nephrol Hypertens* 2015;24:96–103; Lytvyn Y, et al. *Am J Physiol Renal Physiol* 2015;308:F77–83.

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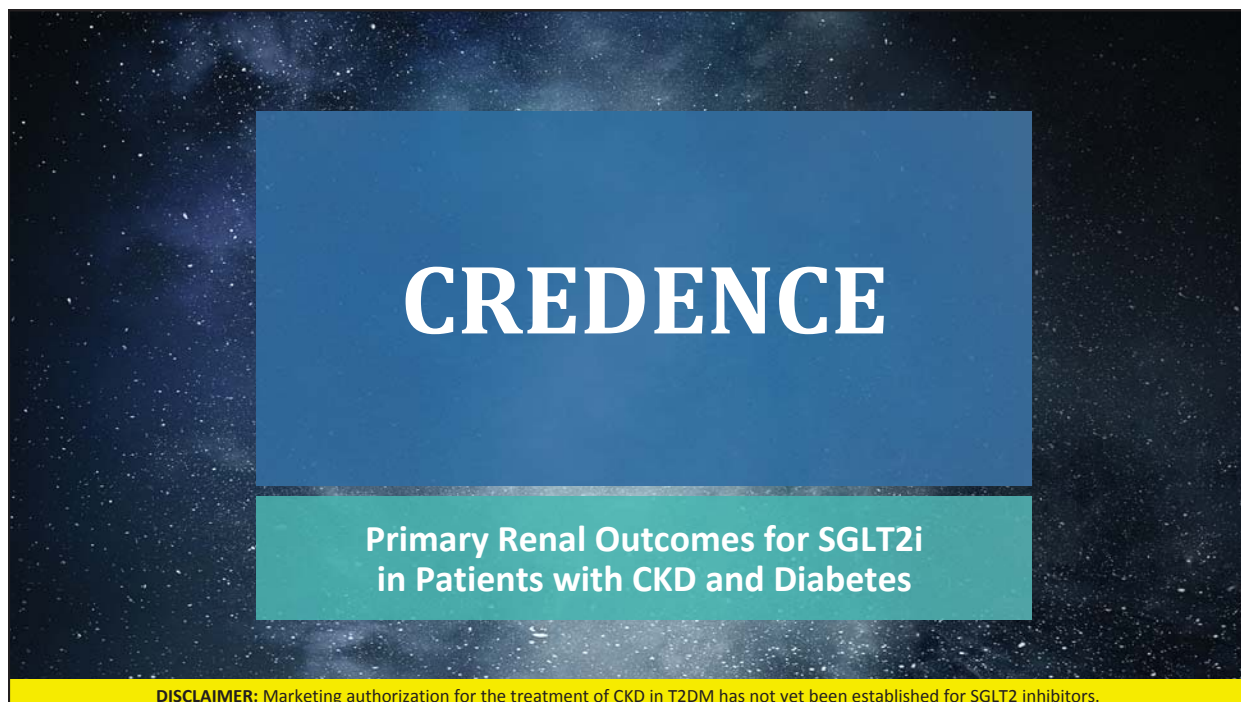




## One trial of SGLT2i agents with primary renal outcomes has been completed

	CREDENCE <sup>1,2</sup>	DAPA-CKD <sup>3</sup>	EMPA-KIDNEY <sup>4</sup>
<b>No. of patients</b>	4401	4000	5000
<b>Treatment arms</b>	CANA 100 mg vs. PBO	DAPA (5, 10 mg) vs. PBO	EMPA vs. PBO
<b>Patient population</b>	CKD + T2D <b>Must</b> be taking max. labelled or tolerated ACEi/ARB	CKD ± T2D May be taking ACEi/ARB	CKD ± T2D May be taking ACEi/ARB
<b>Kidney function inclusion criteria (eGFR units: mL/min/1.73 m<sup>2</sup>)</b>	eGFR ≥30 to <90 <b>AND</b> UACR >33.9 mg/mmol 60% to have eGFR ≥30 to <60	eGFR ≥25 to <75 <b>AND</b> UACR ≥22.6 mg/mmol	eGFR ≥20 to <45 <b>OR</b> eGFR ≥45 to <90 with UACR ≥22.6 mg/mmol
<b>Primary endpoint</b>	Composite of ESKD, doubling of sCr, renal or CV death	Composite of ≥50% sustained decline in eGFR, ESKD, CV or renal death	Composite of CV death, kidney disease progression (ESKD, renal death or a sustained decline of ≥40% in eGFR)
<b>Start</b>	2014	2017	2018
<b>Completion</b>	<b>Complete:</b> Stopped early due to achievement of efficacy endpoint	2020	2022

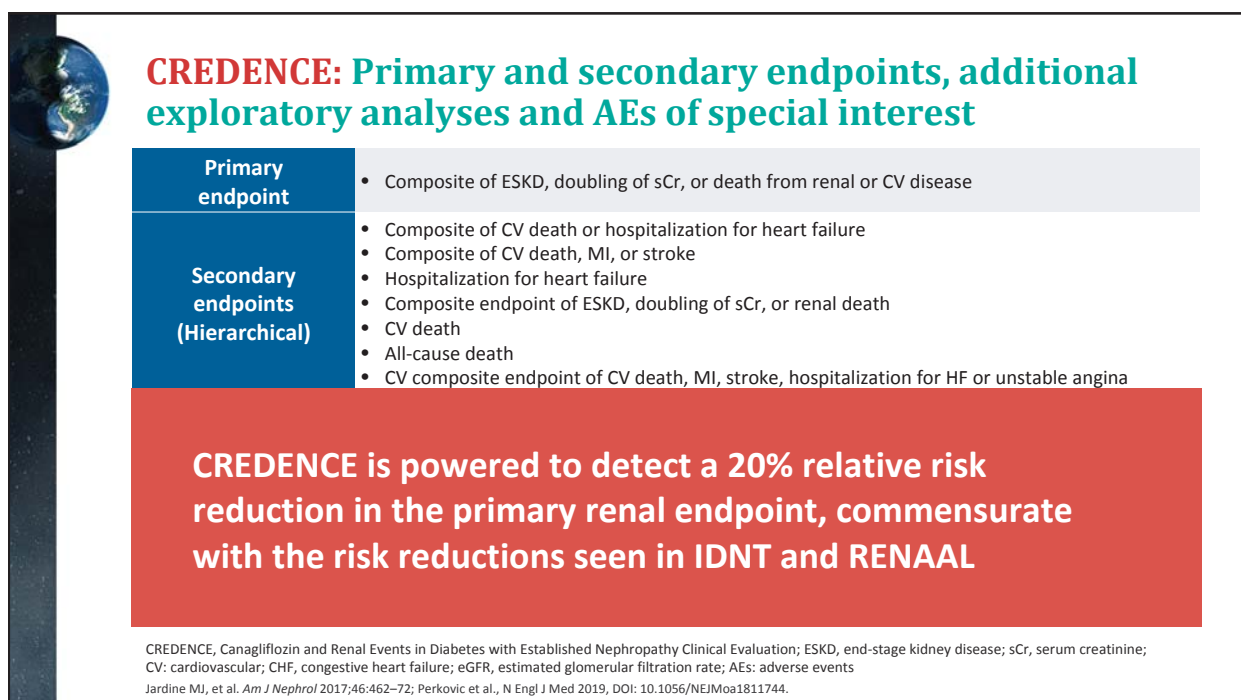
1. Perkovic et al., *N Engl J Med* 2019, DOI: 10.1056/NEJMoa1811744; 2. Jardine MJ et al., *Am J Nephrol* 2017;46:462-472; 3. ClinicalTrials.gov Identifier: NCT03036150; 4. ClinicalTrials.gov Identifier: NCT03594110.



**CREDESCENCE**

Primary Renal Outcomes for SGLT2i  
in Patients with CKD and Diabetes

**DISCLAIMER:** Marketing authorization for the treatment of CKD in T2DM has not yet been established for SGLT2 inhibitors.



**CREDESCENCE: Primary and secondary endpoints, additional exploratory analyses and AEs of special interest**

<b>Primary endpoint</b>	<ul style="list-style-type: none"> <li>• Composite of ESKD, doubling of sCr, or death from renal or CV disease</li> </ul>
<b>Secondary endpoints (Hierarchical)</b>	<ul style="list-style-type: none"> <li>• Composite of CV death or hospitalization for heart failure</li> <li>• Composite of CV death, MI, or stroke</li> <li>• Hospitalization for heart failure</li> <li>• Composite endpoint of ESKD, doubling of sCr, or renal death</li> <li>• CV death</li> <li>• All-cause death</li> <li>• CV composite endpoint of CV death, MI, stroke, hospitalization for HF or unstable angina</li> </ul>

**CREDESCENCE is powered to detect a 20% relative risk reduction in the primary renal endpoint, commensurate with the risk reductions seen in IDNT and RENAAL**

CREDESCENCE, Canagliflozin and Renal Events in Diabetes with Established Nephropathy Clinical Evaluation; ESKD, end-stage kidney disease; sCr, serum creatinine; CV: cardiovascular; CHF, congestive heart failure; eGFR, estimated glomerular filtration rate; AEs: adverse events  
Jardine MJ, et al. *Am J Nephrol* 2017;46:462–72; Perkovic et al., *N Engl J Med* 2019, DOI: 10.1056/NEJMoa1811744.

## CREDESCENCE: Study design

**Key inclusion criteria**

- ≥30 years of age
- T2DM and HbA1c 6.5–12.0%
- eGFR 30–90 mL/min/1.73 m<sup>2</sup>
- UACR 33.9–565 mg/mmol (300–5000 mg/g)
- Stable maximum tolerated or labelled dose of ACEi or ARB for ≥4 weeks

**Key exclusion criteria**

- ≥Other kidney diseases, dialysis, or kidney transplant
- Dual ACEi and ARB; direct renin inhibitor; MRA
- Serum K<sup>+</sup> >5.5 mmol/L
- CV events within 12 weeks of screening
- NYHA class IV heart failure
- Diabetic ketoacidosis or T1DM

**2-week placebo run-in** → **R** (Double-blind randomization 1:1) → **Canagliflozin 100 mg** vs **Placebo**

Follow-up at Weeks 3, 13, and 26 (F2F) then every 13 weeks (alternating phone/F2F)

**Participants continued treatment if eGFR was <30 mL/min/1.73 m<sup>2</sup> until chronic dialysis was initiated or kidney transplant occurred.**

ACEi, angiotensin-converting enzyme inhibitor; ARB, angiotensin receptor blocker; BP, blood pressure; CV, cardiovascular; eGFR, estimated glomerular filtration rate; HbA1c, glycated hemoglobin; MRA, mineralocorticoid receptor antagonist; NYHA, New York Heart Association; UACR, urinary albumin-to-creatinine ratio  
Adapted from: Jardine MJ, et al. *Am J Nephrol* 2017;46:462–72.


## Timeline of Major SGLT2 Inhibitor Trials

- CREDESCENCE began while SGLT2 inhibitor CV outcomes trials were ongoing

Timeline (2014–2019):

- 2014: CREDESCENCE enrollment
- 2016: EMPA-REG OUTCOME
- 2017: CANVAS Program
- 2018: DECLARE
- 2019: CREDESCENCE ended


- Renal effects were not the primary focus of the CV outcomes trials



## CREDESCENCE: Key baseline characteristics

Characteristic	Mean (n = 4,401)	Characteristic	Proportion (n = 4,401)
Male Gender	2907 (66.1%)	<b>Concomitant RAASi use</b>	<b>99.9%</b>
Age, years	63.0±9.2	CKD Stage	
BMI, kg/m <sup>2</sup>	31.3±6.2	Stage 2 (≥60 to <90 mL/min/1.73 m <sup>2</sup> )	35%
HbA1c, %	8.3±1.3	Stage 3a (≥45 to <60 mL/min/1.73 m <sup>2</sup> )	29%
Duration of T2DM, years	15.8±8.7	Stage 3b (≥30 to <45 mL/min/1.73 m <sup>2</sup> )	27%
<b>eGFR, mL/min/1.73 m<sup>2</sup></b>	<b>56.2±18.2</b>		
Median UACR, mg/mmol	105		
Systolic BP, mmHg	140.0±15.6		
Diastolic BP, mmHg	78.3±9.4		
LDL-C, mmol/L	2.5±1.1		
<b>Median UACR (mg/mmol)</b>	<b>104.8</b>		

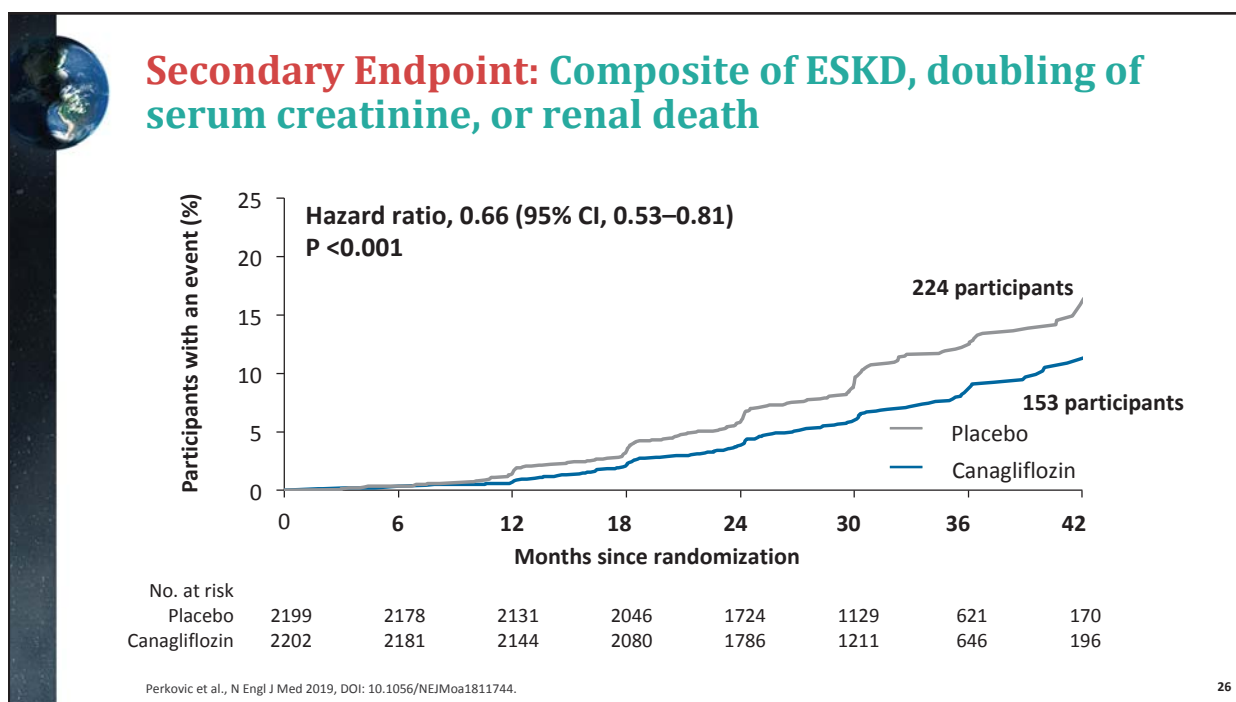
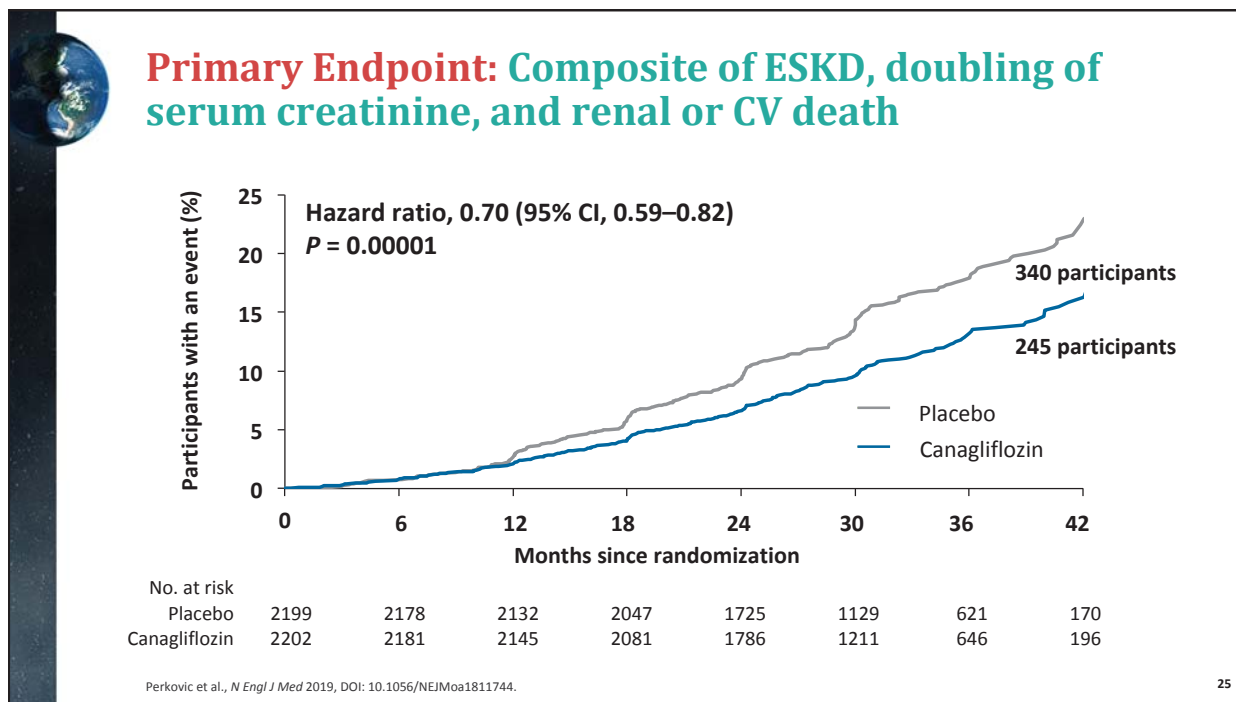
Jardine MJ, et al. *Am J Nephrol* 2017;46:462–72; Jardine MJ, Presented at ISN World Congress of Nephrology; April 12-15, 2019; Melbourne, Australia. Session O-359. 23

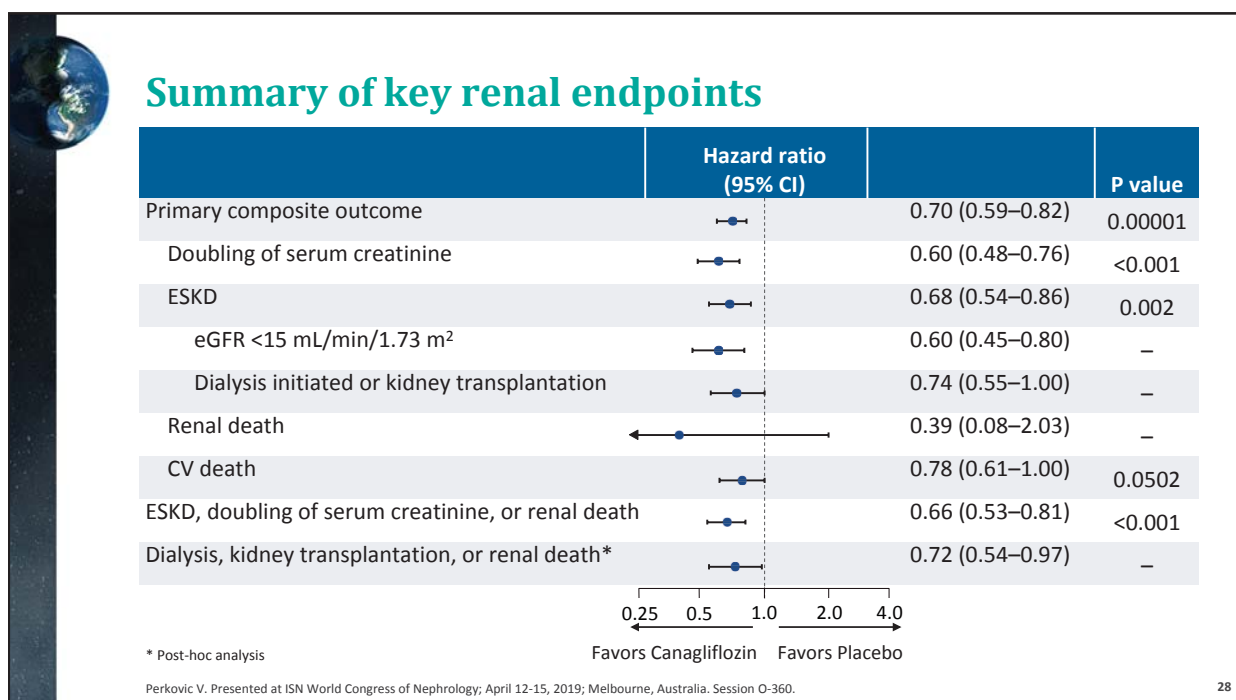
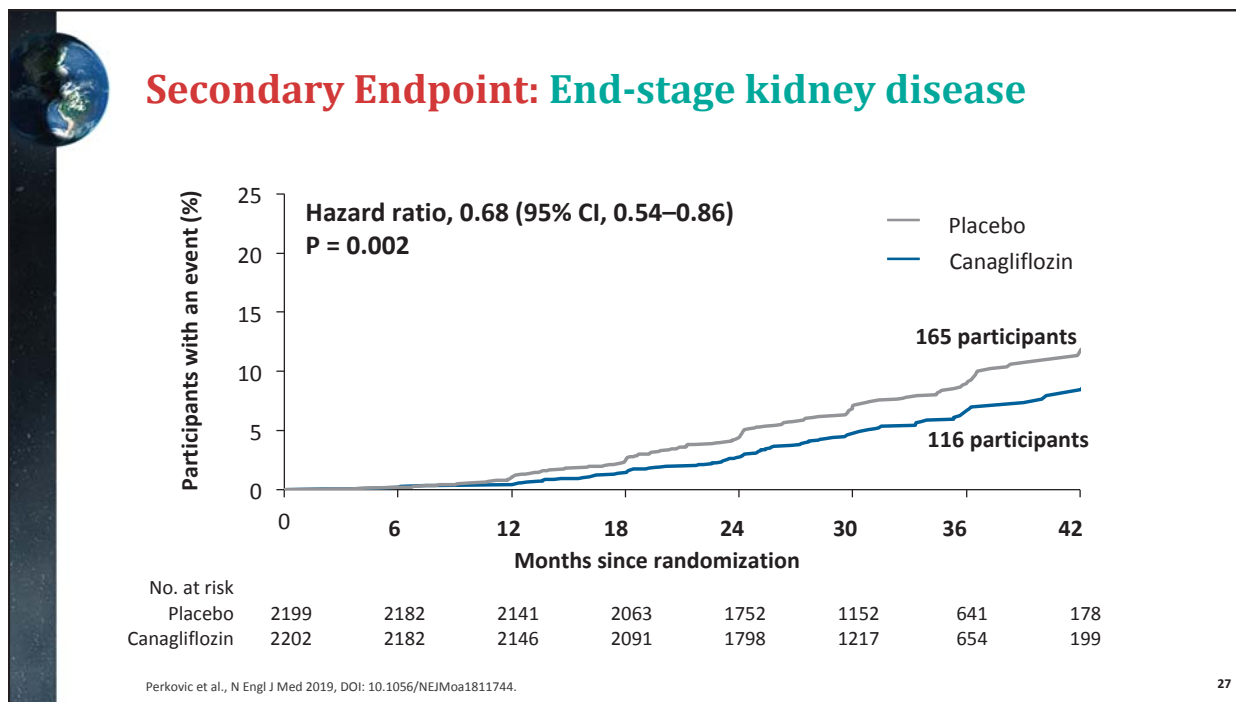


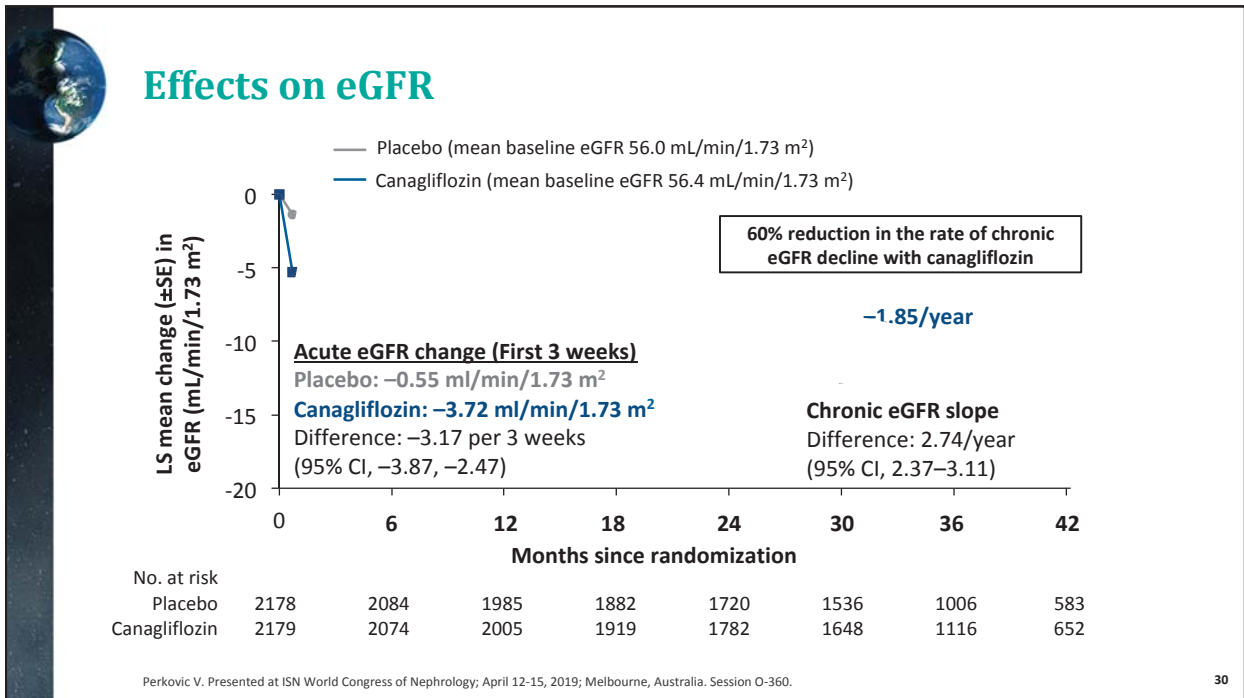
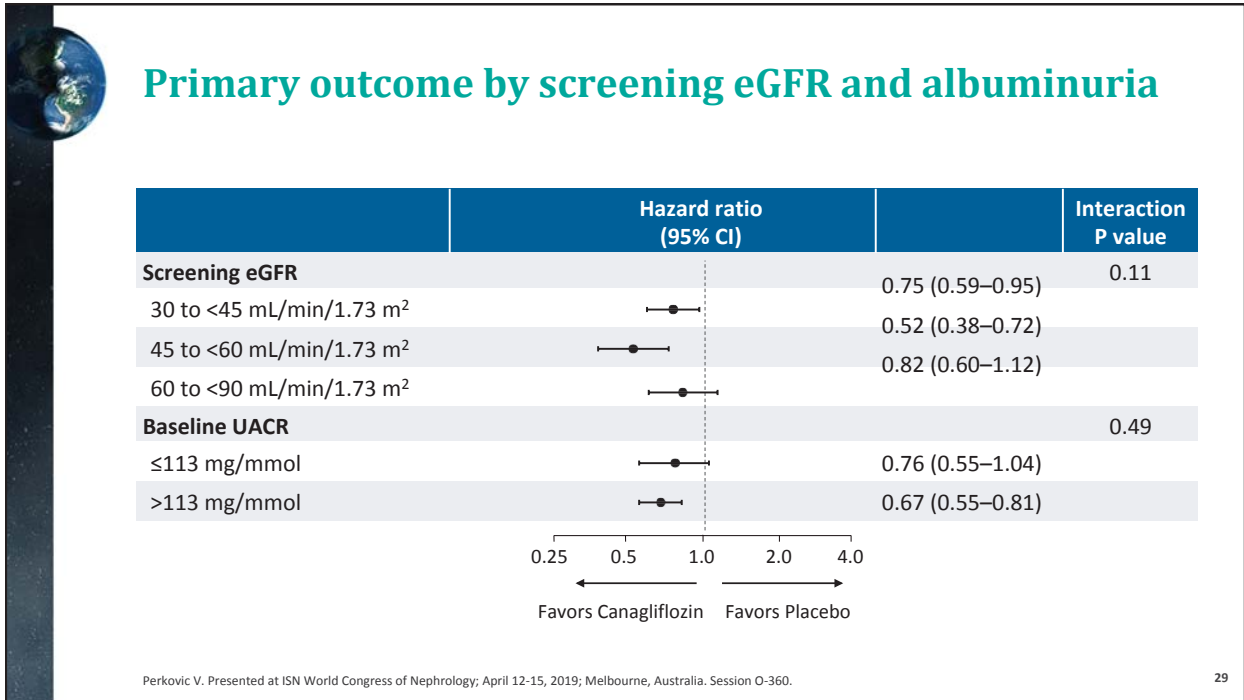
## Disease History

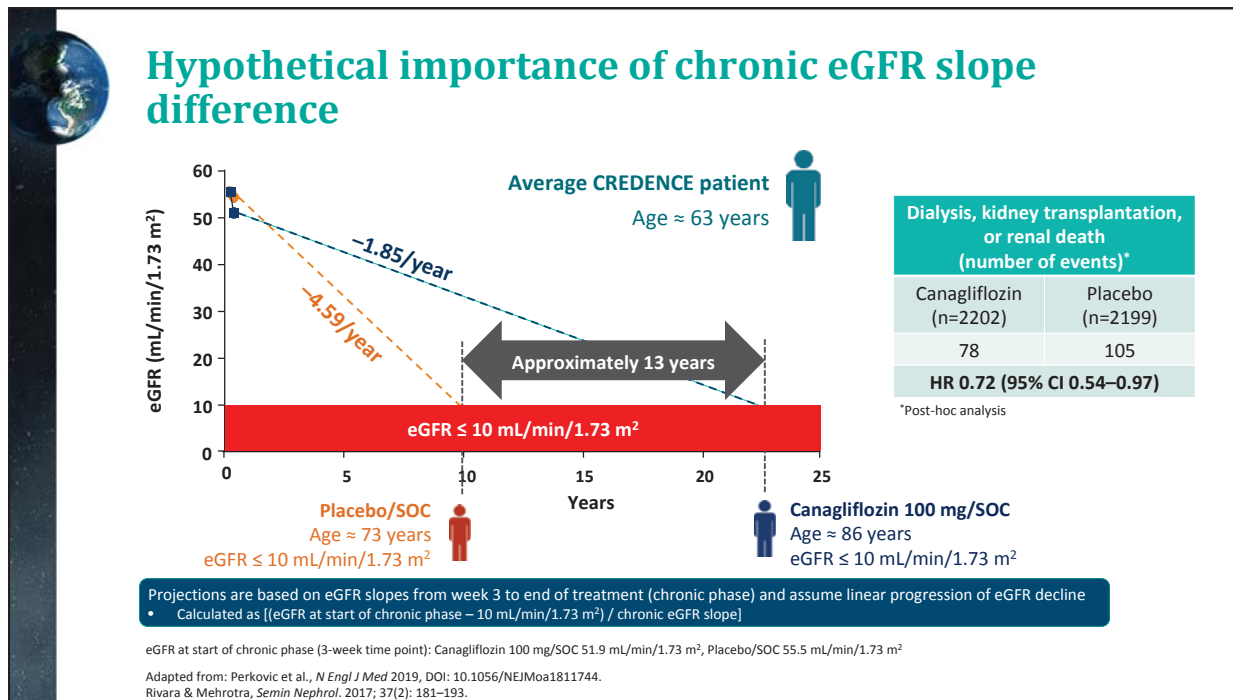
Characteristic	Canagliflozin (n = 2202)	Placebo (n = 2199)	Total (N = 4401)
Hypertension, %	97	97	<b>97</b>
Heart failure (NYHA I-III), %	15	15	<b>15</b>
CV disease, %	51	50	<b>50</b>
Prior amputation, %	5	5	<b>5</b>

Jardine MJ, Presented at ISN World Congress of Nephrology; April 12-15, 2019; Melbourne, Australia. Session O-359. 24







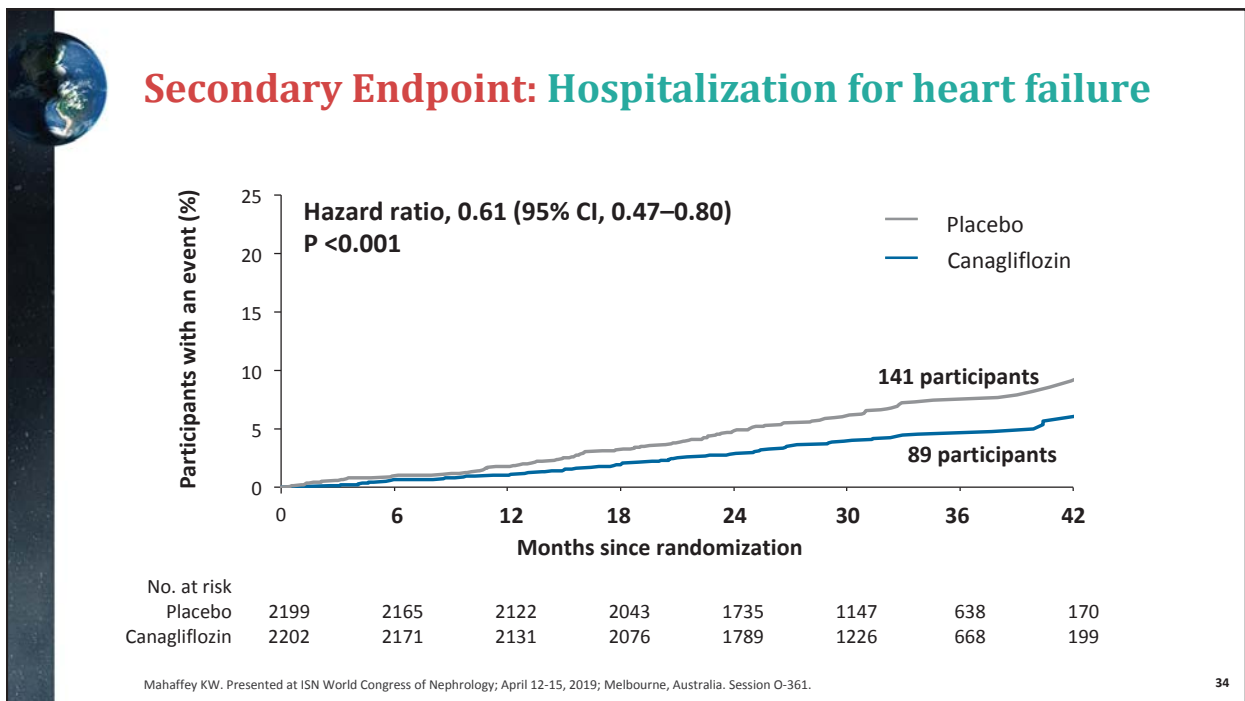
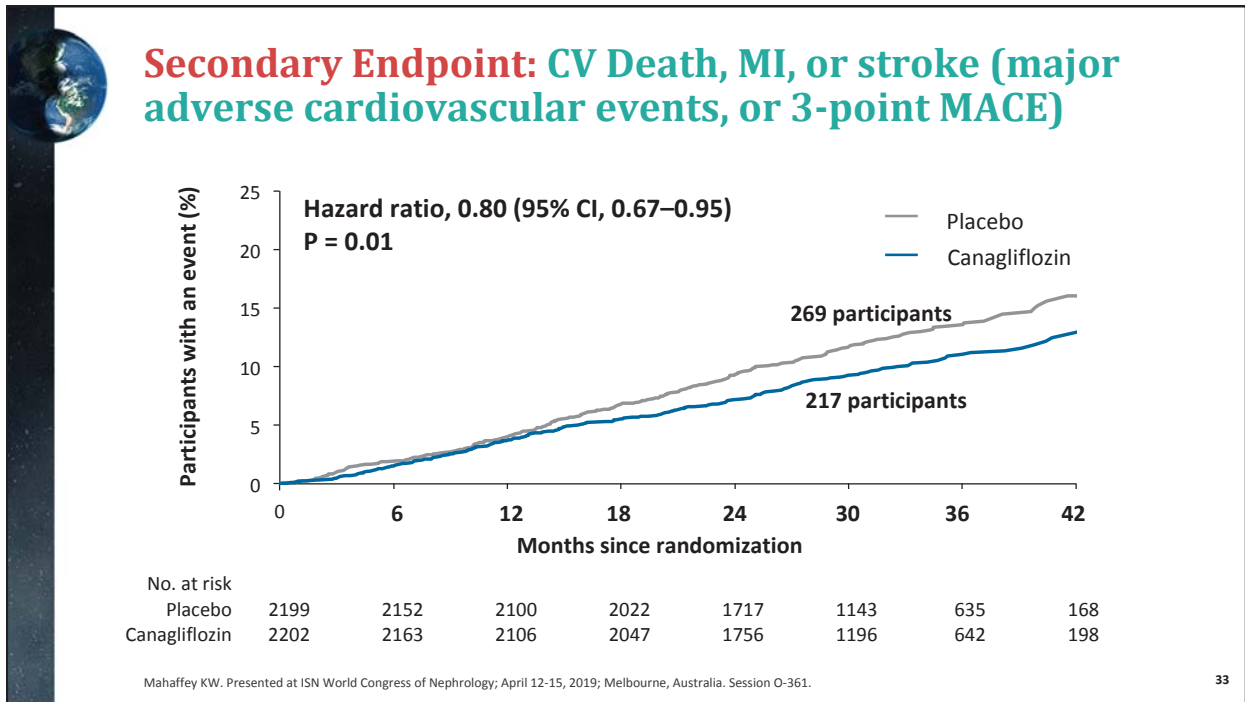


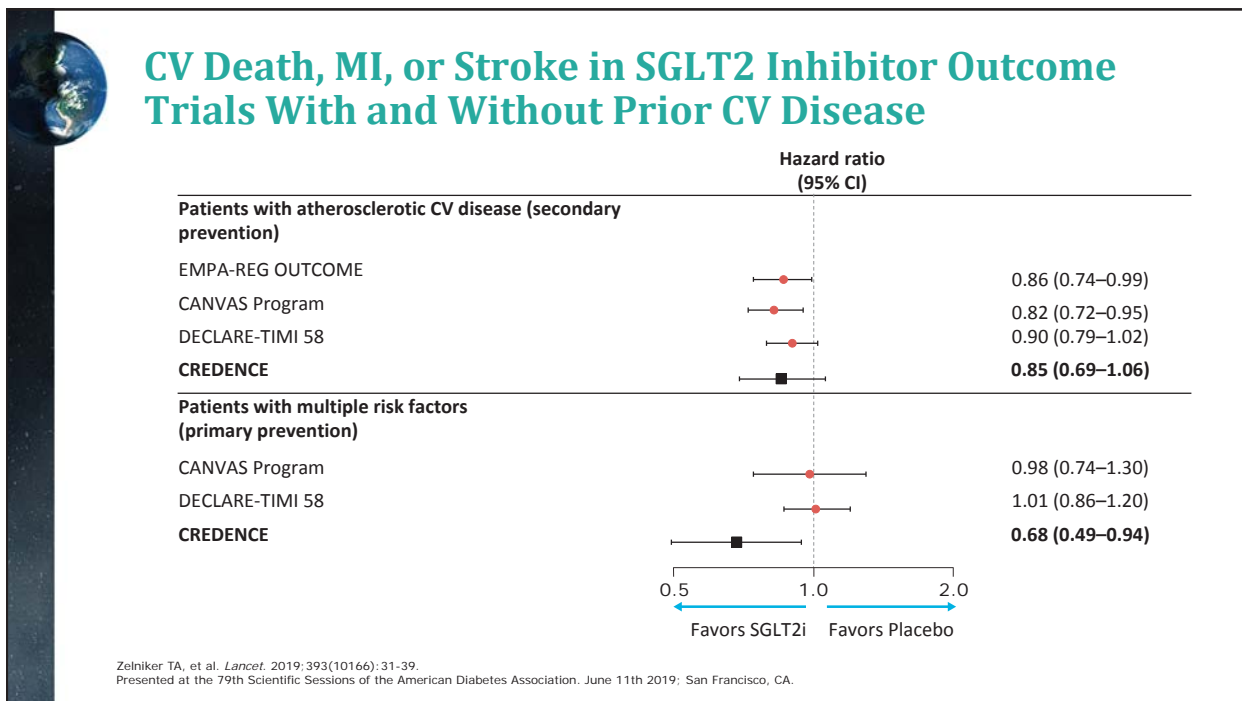
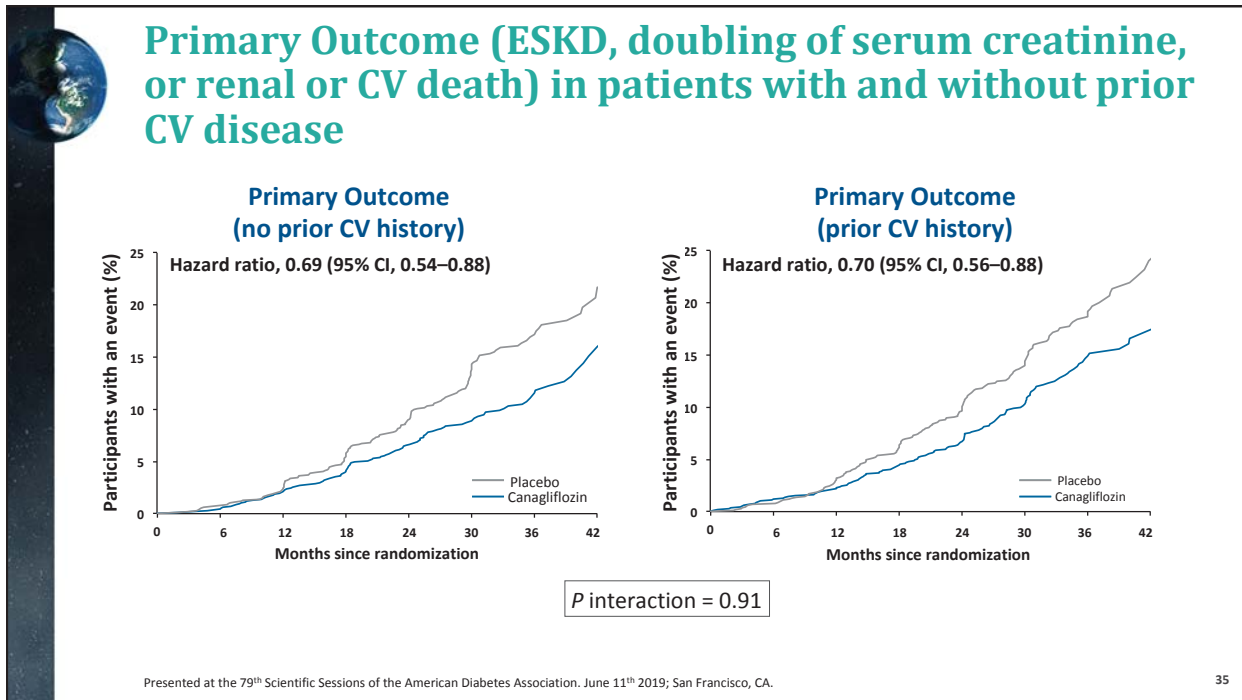
## Summary: Renal outcomes

- Canagliflozin **reduced the risk of the primary outcome** of ESKD, doubling of serum creatinine, or renal or CV death **by 30%** (P = 0.00001)
  - The results were consistent across a broad range of prespecified subgroups
- Canagliflozin also **reduced the risk of the secondary outcome** of ESKD, doubling of serum creatinine, or renal death **by 34%** (P <0.001)
- Similar risk reductions were seen for exploratory outcomes assessing components of the primary outcome
  - ESKD: 32% lower**
  - Doubling of serum creatinine: 40% lower**
- Canagliflozin **attenuated the slope of chronic eGFR decline** by 2.7 mL/min/1.73 m<sup>2</sup>/year (–1.9 vs –4.6)

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# Reflection

- Which CV outcomes are most relevant to your practice?
- Which data do you consider to be most impactful? Why?

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## AEs and serious AEs

	Number of participants with an event, n		Hazard ratio (95% CI)
	Canagliflozin (N = 2200)	Placebo (N = 2197)	
All AEs	1784	1860	0.87 (0.82–0.93)
All serious AEs	737	806	0.87 (0.79–0.97)

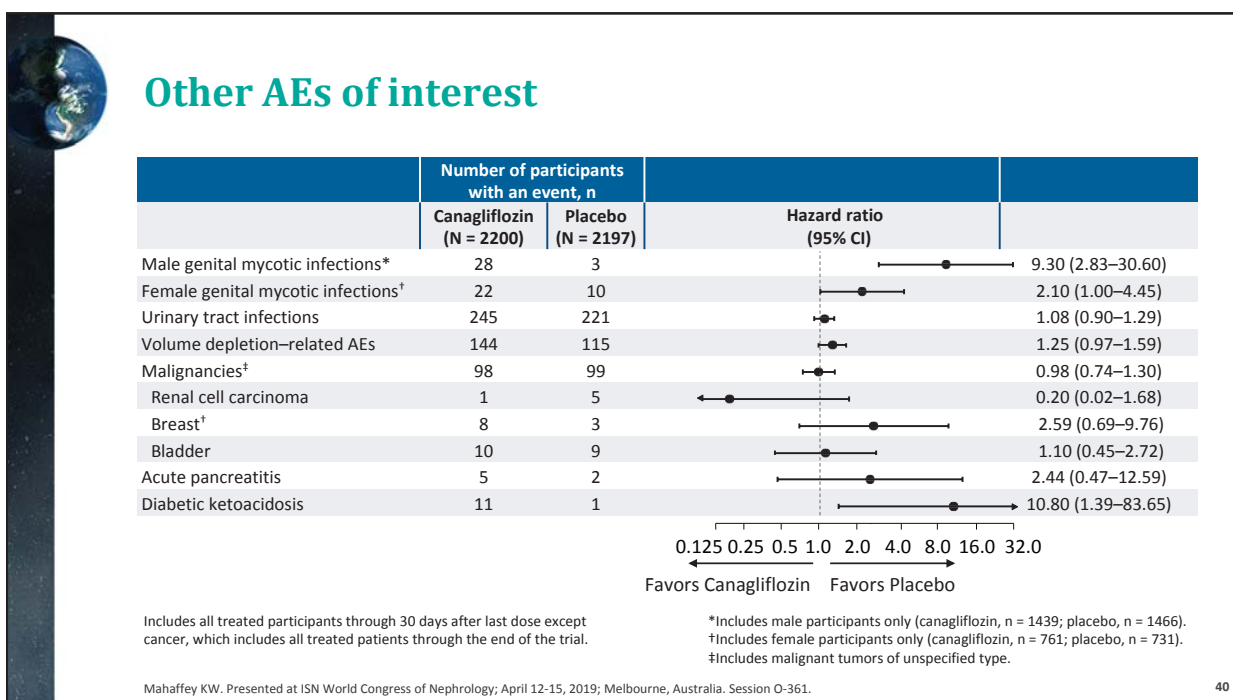
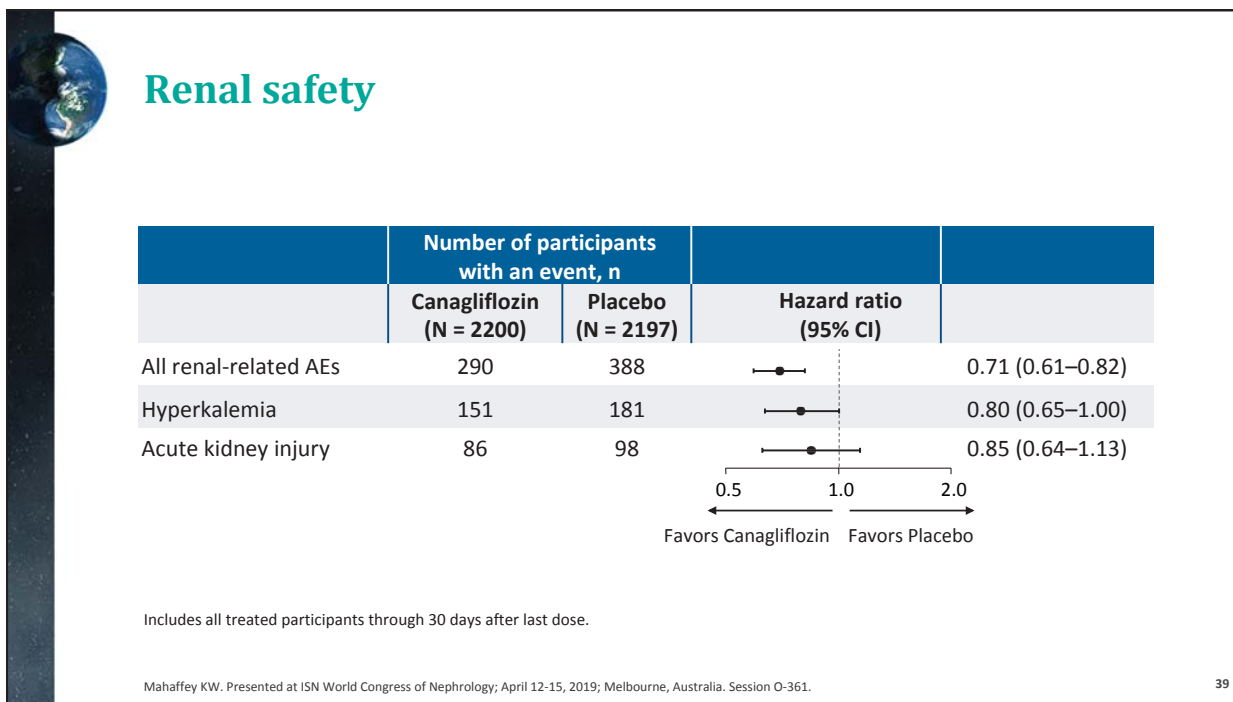
0.5      1.0      2.0

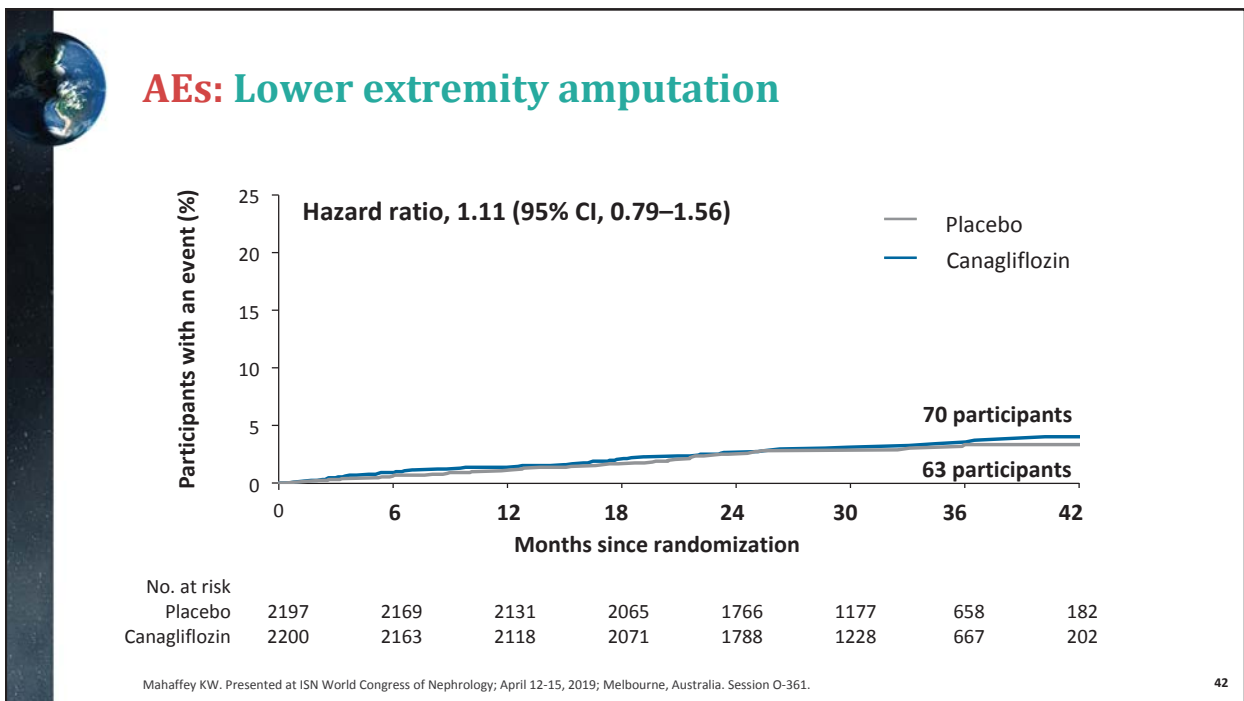
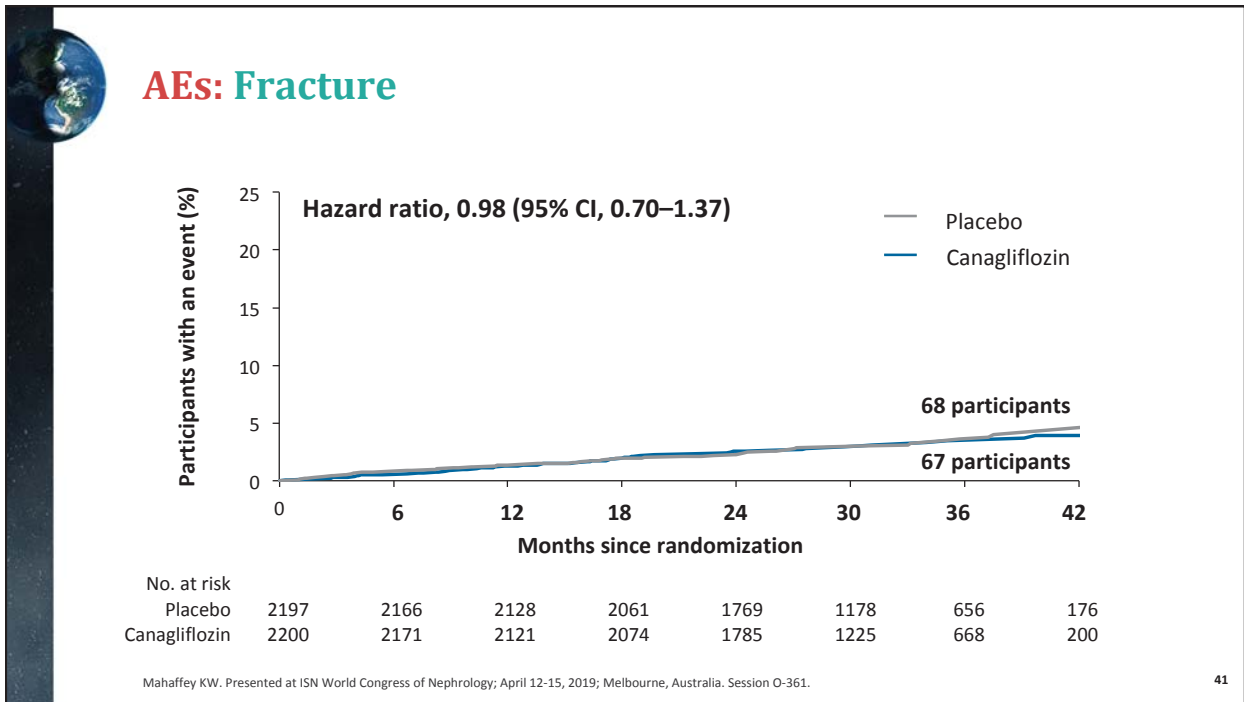
← Favours Canagliflozin      Favours Placebo →


Includes all treated participants through 30 days after last dose.

Mahaffey KW. Presented at ISN World Congress of Nephrology; April 12-15, 2019; Melbourne, Australia. Session O-361.

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## Summary: Safety

- Similar rates of amputation and fracture observed with canagliflozin and placebo are reassuring and consistent with trials of other SGLT2 inhibitors
  - Differ from the CANVAS Program findings
- Overall safety profile is otherwise consistent with the known adverse effects associated with canagliflozin

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## SGLT2i-associated side effects

COMMON	LESS COMMON	RARE
	Urinary tract infections	Diabetic ketoacidosis*
Genital infections	Osmotic diuresis, hypovolemia, hypotension	Increase in bladder cancer <sup>§</sup>
	Mild LDL-C increase	Pancreatitis

**For the most current side effect information, please review each individual product monograph**

\* observed with all SGLT2 inhibitors; † avoid using canagliflozin in individuals with a history of lower extremity amputation(s);  
<sup>§</sup> observed with canagliflozin; <sup>§</sup> dapagliflozin not to be used in patients with bladder cancer.

Adapted from Diabetes Canada Clinical Practice Guidelines Expert Committee. Can J Diabetes. 2018 Apr;42 (Suppl 1):S88-103.

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Reflection

- What safety concerns about canagliflozin and other SGLT2i agents are most important to you?
- Do the data from CREDENCE address your concerns?

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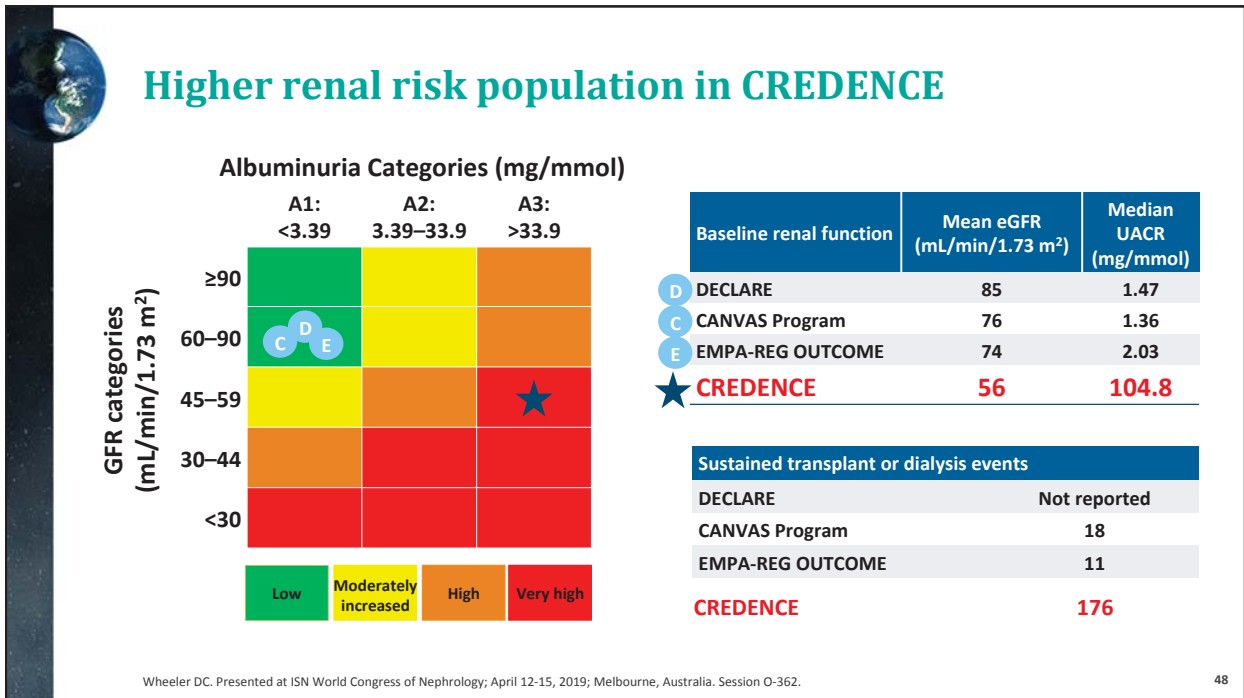
## Canagliflozin renal benefits are additive to ACEi and ARB

	N	Albuminuria	Baseline renal function	Median Follow-up	2xCr, ESKD, Renal Death # of events	Relative risk reduction
IDNT <sup>1</sup>	1715	Median: 1900 mg/d	Mean Cr: 148 µmol/L	2.6 years	644	20%
RENAAL <sup>2</sup>	1513	Median ACR: 140 mg/mmol	Mean Cr: 168 µmol/L	3.4 years	686	16%
ACEi Collaborative study group <sup>3</sup>	409	Mean proteinuria: 2500 mg/d	Mean Cr: 115 µmol/L	3.0 years	2xCrR: 68 Death or ESKD: 65	43% 46%
<b>CREDENCE**<sup>4,5</sup> (99.9% on RAAs)</b>	4401	Median UACR: 105 mg/mmol	Mean eGFR: 56.2 mL/min/1.73 m <sup>2</sup>	2.6 years	377	34%

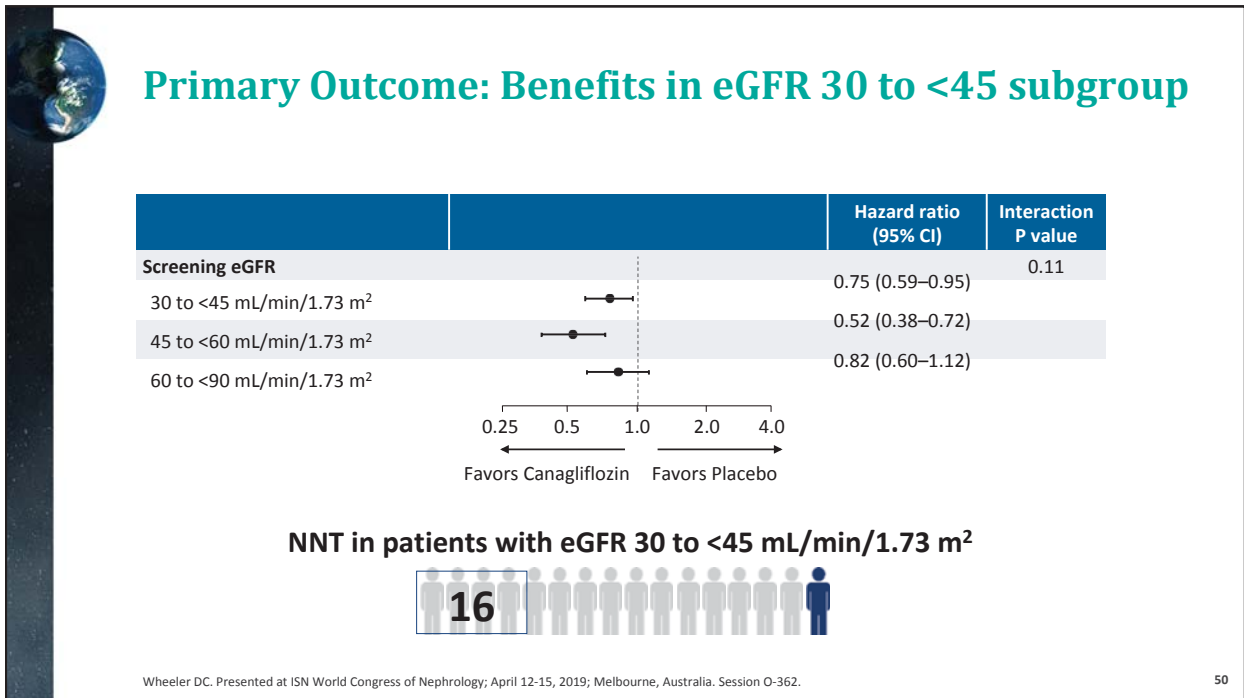
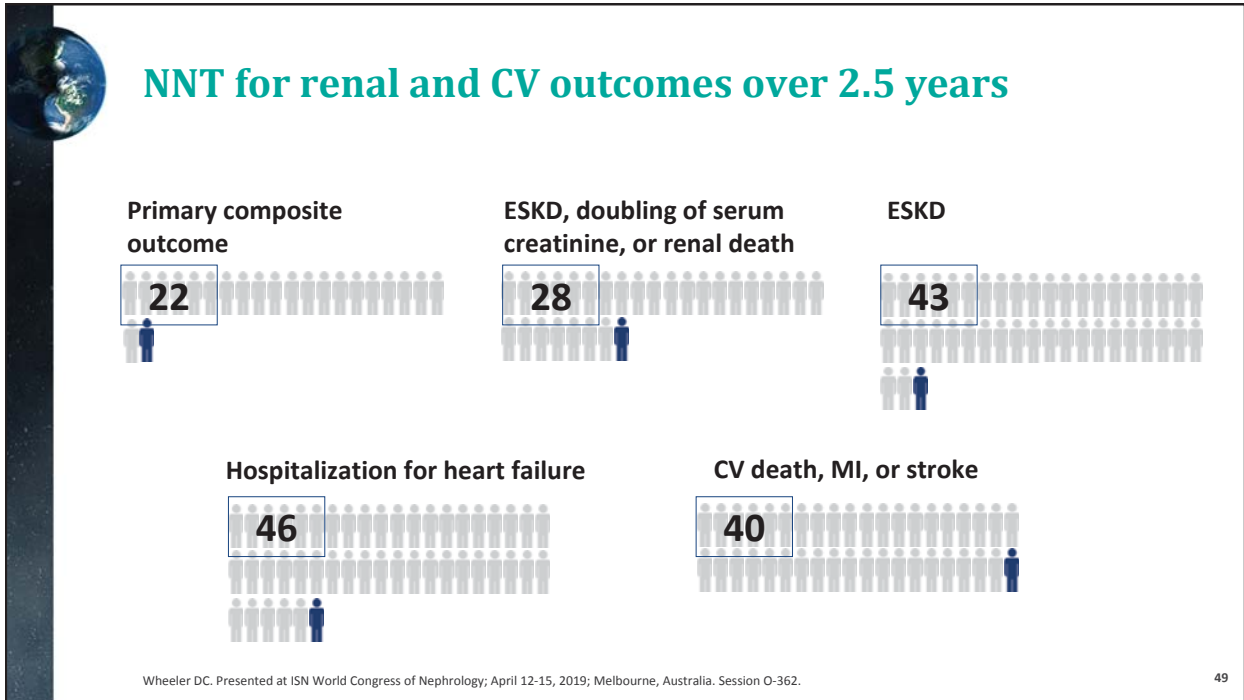
\*NOTE: All patients enrolled in CREDENCE were taking maximal labelled or tolerated daily dose of ACEi or ARB in addition to being treated to target for blood pressure and A1C as part of the standard of care<sup>4</sup>

1. Lewis EJ, et al. *N Engl J Med* 2001;345:851-60. 2. Brenner BM et al *New Engl J Med* 2001;345:861-69. 3. Lewis EJ, et al. *N Engl J Med* 1993; 329:1456-1462  
4. Jardine MJ, et al. *Am J Nephrol* 2017;46:462-72; 5. Perkovic et al., *N Engl J Med* 2019, DOI: 10.1056/NEJMoa1811744.

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## Discussion Question



How do the results from CREDENCE compare to those from trials of ACEis and ARBs in patients with diabetes and CKD?

What is the significance of demonstrating these benefits in patients who were already being treated with ACEis and ARBs?


## ADA Standards of Care Updated With Renal Guidance Based on CREDENCE

- Based on the **Grade A evidence** from the CREDENCE trial, the ADA *living guidelines* (updated on June 3, 2019)<sup>2</sup> propose the following:
  - “For patients with type 2 diabetes and diabetic kidney disease, consider use of an SGLT2 inhibitor in patients with an eGFR  $\geq 30$  mL/min/1.73 m<sup>2</sup> and particularly in those with  $>33.9$  mg/mmol albuminuria to reduce risk of CKD progression, cardiovascular events, or both.”


1. American Diabetes Association. <http://www.diabetes.org/newsroom/press-releases/2019/updates-standards-medical-care-diabetes.html>. Accessed June 5, 2019.

2. American Diabetes Association. *Standards of Medical Care in Diabetes-2019*. [http://care.diabetesjournals.org/content/42/Supplement\\_1](http://care.diabetesjournals.org/content/42/Supplement_1). Last updated June 3, 2019. Accessed June 5, 2019.

# Applying to Your Practice



## Patient case




**ROBERT**

**68-year-old male**

- Retired sales associate
- New patient (Family Doctor retired)
- Generally feels well, came to you for med repeats


Personal History	Current Medications
Non-smoker	Metformin-Sitagliptin XR (1000 mg / 100 mg od)
Type 2 diabetes x 10 years	Rosuvastatin 20 mg od
Hypertension	Indapamide 2.5 mg daily
BMI 30 kg/m <sup>2</sup>	Telmisartan 80 mg od

## Discussion Question




## What lab tests do we need to order for Robert?

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### Patient case



**ROBERT**


**68-year-old male**

- Retired sales associate
- New patient (Family Doctor retired)
- Generally feels well, came to you for med repeats

Current Medications	Physical Exam	Lab Results
Metformin-Sitagliptin XR (1000 mg / 100 mg od)	84 kg	A1C 6.5%
Rosuvastatin 20 mg od	BP 134/81	LDL 1.76 mmol/L
Indapamide 2.5 mg od	Pulse normal	eGFR 59 mL/min/1.73 m <sup>2</sup>
Telmisartan 80 mg od	No peripheral edema	ACR 77 mg/mmol

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### Patient case



**ROBERT**

**Unmet needs**

- 68-year-old male with target A1c
- Full dose ARB
- Persistent Macroalbuminuria

Which agent would you consider adding?

1. Liraglutide once weekly
2. Canagliflozin 100 mg daily
3. Perindopril 4 mg daily


Would you consider adjusting any of his current medications?

GFR categories (mL/min/1.73 m <sup>2</sup> )	Albuminuria (A1, A2, A3)		
	A1: <3.4	A2: 3.4–34	A3: >34
≥90	Low	Moderately increased	High
60–90	Low	Moderately increased	High
45–59	Moderately increased	High	Very high
30–44	High	Very high	Very high
<30	Very high	Very high	Very high

Legend: Low (Green), Moderately increased (Yellow), High (Orange), Very high (Red)

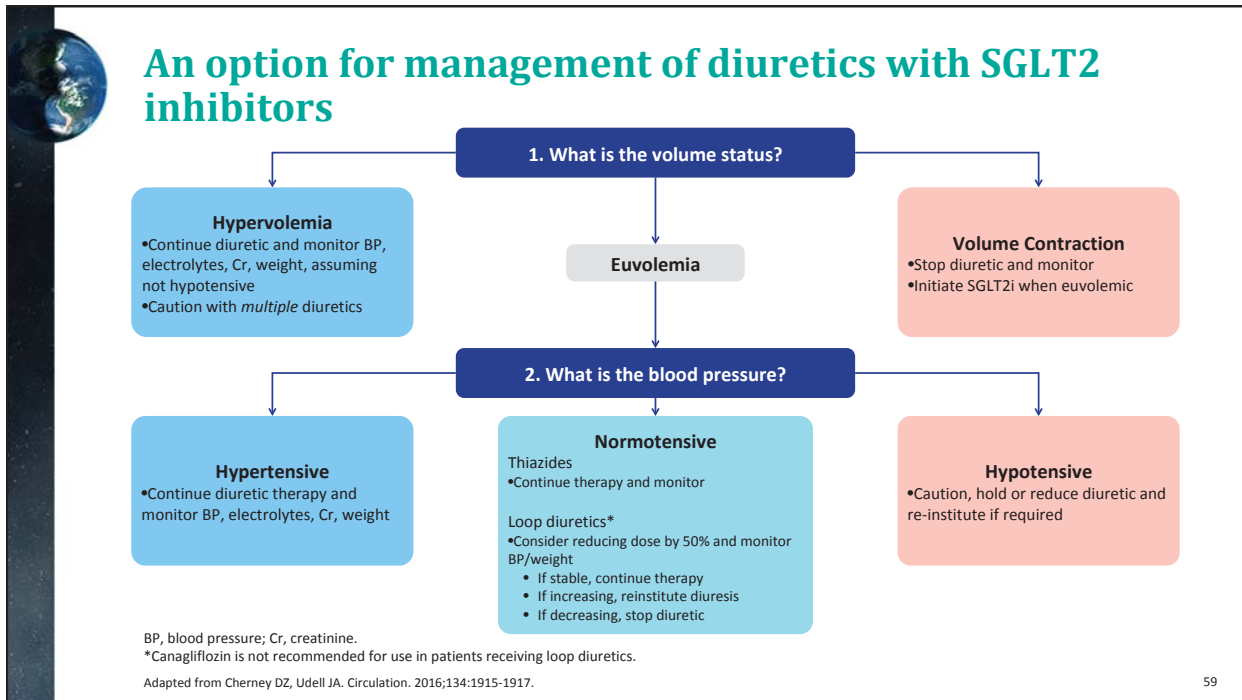
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### Discussion Question




In order to start Robert on an SGLT2 inhibitor, what medication adjustments should be considered?

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## Patient case



**ROBERT**


Summary of diabetes/CKD management for Robert

**High Renal Risk Patient with Persistent Macroalbuminuria and A1c at target**

- 1. Continue Indapamide 2.5 mg daily**
- 2. Stop Metformin/Sitagliptin XR 1000/100 mg**
- 3. Metformin XR 1000 mg daily**
- 4. Add Canagliflozin 100 mg daily**

McFarlane P, et al. Chronic Kidney Disease in Diabetes, *Can J Diabetes* 2018. 42 (2018) S201–S209

## Patient case



**ROBERT**

Summary of diabetes/CKD management for Robert

- Assess blood pressure (target: <130/80 mmHg) and A1C (target: ≤7.0% or ≤6.5%)
- Ensure patient is taking maximum tolerated dose of Acei or ARB
- Add: Canagliflozin if eGFR 30-90 and ACR >30 OR SGLT2i if A1c > target and eGFR >45-90

Diabetes Canada Clinical Practice Guidelines Expert Committee. *Can J Diabetes* 2018;42:S201-209. MacFarlane P, Weinstein J. Professional communication. 2019.


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## Risk reduction beyond ACE inhibitors and ARBs

- SGLT2 inhibitors **reduce CV risk** in patients with diabetes<sup>1</sup>
- CREDENCE results demonstrate a **reduction in hard renal outcomes** associated with diabetes<sup>2</sup>
  - Composite of ESKD, doubling of serum creatinine, and renal or cardiovascular death**<sup>3</sup>
- These benefits are **on top of** the standard of care of **ACEi- or ARB-related risk reduction**<sup>2,3-5</sup>
  - ~80% of patients** in EMPA-REG OUTCOME, CANVAS Program, and DECLARE TIMI 58 were taking ACEi or ARB with SGLT2i
  - 99.9% of patients in CREDENCE were taking ACEi or ARB**

1. Zelniker, et al. *N Engl J Med* 2018; DOI: 10.1016/S0140-6736(18)32590-X  
 2. Jardine et al., *Am J Nephrol* 2017;46:462-472.  
 3. Perkovic et al., *N Engl J Med* 2019, DOI: 10.1056/NEJMoa1811744.  
 4. Neal B, et al. *N Engl J Med*. 2017;377:644-57.  
 5. Zinman B, et al. *N Engl J Med* 2015;373:2117-28.  
 6. Raz I, et al. *Diabetes Obes Metab*. 2018;20:1102-1110.

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## Sick day medication list

- S** Sulfonylureas
- A** ACE inhibitors
- D** Diuretics, direct renin inhibitors
- M** Metformin
- A** Angiotensin receptor blockers
- N** Nonsteroidal anti-inflammatory
- S** SGLT2 inhibitors

<http://guidelines.diabetes.ca/docs/cpg/Appendix-8.pdf>

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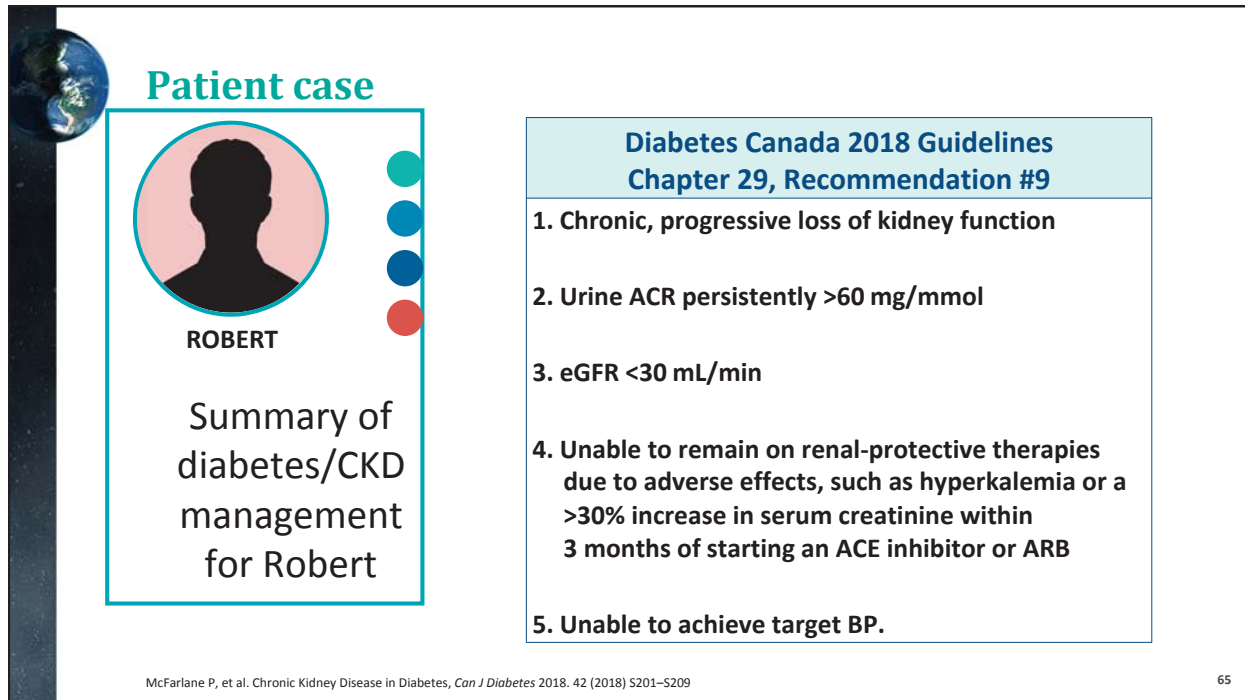
## Discussion Question



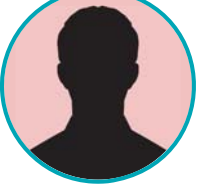
### At what point should we refer Robert to a nephrologist?

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**Patient case**

 ROBERT

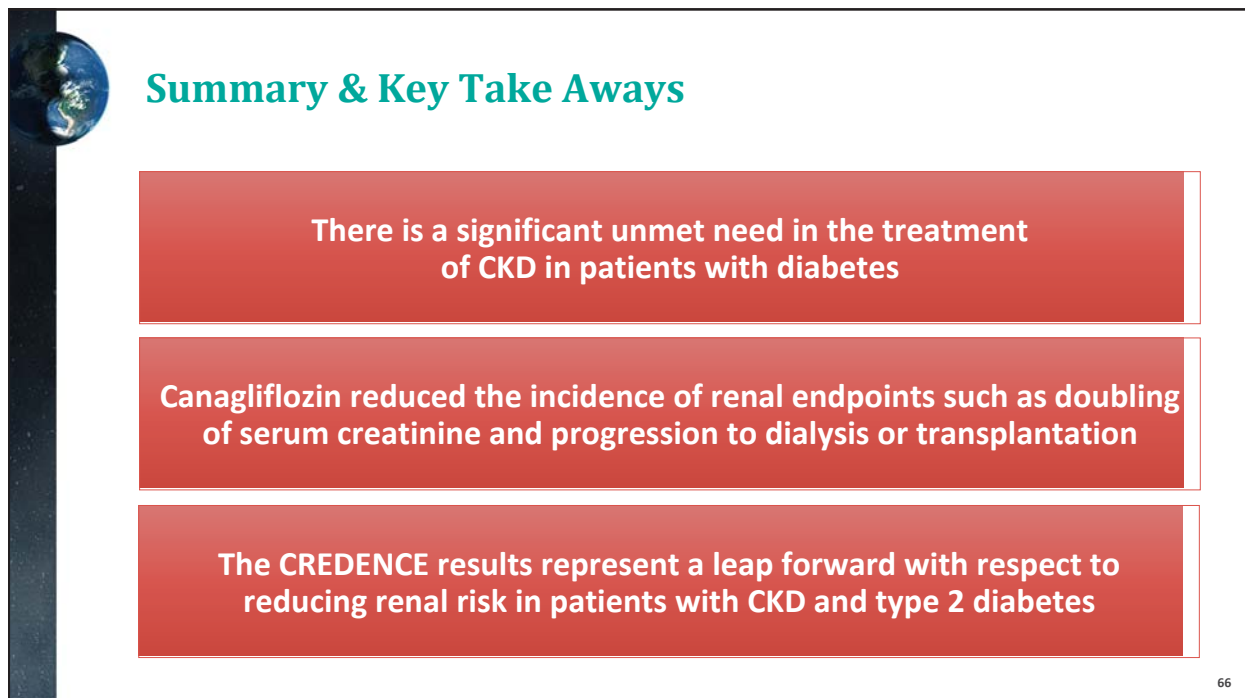
Summary of diabetes/CKD management for Robert

**Diabetes Canada 2018 Guidelines  
Chapter 29, Recommendation #9**

1. Chronic, progressive loss of kidney function
2. Urine ACR persistently >60 mg/mmol
3. eGFR <30 mL/min
4. Unable to remain on renal-protective therapies due to adverse effects, such as hyperkalemia or a >30% increase in serum creatinine within 3 months of starting an ACE inhibitor or ARB
5. Unable to achieve target BP.

McFarlane P, et al. Chronic Kidney Disease in Diabetes, *Can J Diabetes* 2018. 42 (2018) S201–S209

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**Summary & Key Take Aways**

There is a significant unmet need in the treatment of CKD in patients with diabetes

Canagliflozin reduced the incidence of renal endpoints such as doubling of serum creatinine and progression to dialysis or transplantation

The CREDENCE results represent a leap forward with respect to reducing renal risk in patients with CKD and type 2 diabetes

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