

University of Toronto's Heart & Stroke/Richard Lewar Centre of Excellence in Cardiovascular Research (HSRLCE) is pleased to present:

“Diabetes Connect 2019: A Practicum for Primary Care”

By the end of this session, participants will be able to:

1. Discuss the interplay between diabetes, cardiovascular and renal disease
2. Investigate and manage cardiovascular and renal issues in patients with diabetes
3. Apply evidence and guidelines recommendations to reduce cardiovascular and renal risk for patients with diabetes

ACCREDITATION: We are pleased to announce that this program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to **5.0 Mainpro+** credits.

REGISTRATION: The event is free to attend but registration is required. Space is limited. Please register by *November 12th* on our website: <https://hsrlce.utoronto.ca/events/event-registration/>

Date: **Friday, November 15, 2019**
 Time: **8:00 am – 2:10 pm**
 Venue: **The Estates of Sunnybrook**
Vaughan Estate – Courtyard Ballroom
 80 Armistice Drive
 North York, ON M4N 1J8

AGENDA

8:00-8:45	Breakfast
8:45-9:00	Welcome and Current State of Diabetes - Drs. Julie Lovshin & Alice Cheng <i>Learning objectives:</i> <ul style="list-style-type: none"> • Explain what is the magnitude of the diabetes epidemic • Highlight the gaps in care for our patients in 2019
9:00-9:30	Update on CVOTs in Diabetes - Dr. Megha Poddar <i>Learning objectives:</i> <ul style="list-style-type: none"> • Review 2018 Diabetes Canada Guidelines highlighting CV recommendations • Review recently published trials in CVOT in Diabetes

9:30-10:00	<p>Why do Certain Antihyperglycemics Provide Benefit? -Dr. Julie Lovshin</p> <p><i>Learning objectives:</i></p> <ul style="list-style-type: none"> • Discuss mechanisms of cardiovascular and renal disease in Type 2 Diabetes • Explain cardioprotective pathways whereby GLP-1 receptor agonists reduce CV events in Type 2 Diabetes • Explain cardioprotective pathways whereby SGLT-2 inhibitors reduce CV events in Type 2 Diabetes
10:00-10:30	Panel Q&A
10:30-10:45	Nutrition Break
10:45-11:15	<p>Cardiology view of Diabetes Management -Dr. Mina Madan</p> <p><i>Learning objectives:</i></p> <ul style="list-style-type: none"> • To understand the assessment of cardiovascular risk among patients with diabetes. • To learn about management strategies for CAD and CHF in patients with diabetes.
11:15-11:45	<p>Nephrology view of Diabetes Management -Dr. Veronica Silva</p> <p><i>Learning objectives:</i></p> <ul style="list-style-type: none"> • Define Chronic Kidney Disease in Diabetes and its prevalence. • Discuss current standards of care in the treatment of CKD with diabetes and treatment care gaps. • Apply evidence from recent clinical trials in patients with diabetes with renal outcomes.
11:45-12:15	Panel Q&A
12:15-12:45	Lunch
12:45-1:15	<p>Keto Diet - Practical Approach - Wendy Graham, RD, CDE</p> <p><i>Learning objectives:</i></p> <ul style="list-style-type: none"> • Recognize the difference between low carbohydrate and ketogenic diet • Recognize contraindications for using a ketogenic diet for a person with type 2 diabetes • Describe medications that may require alterations • Describe the nutrient supplementation required with the ketogenic diet
1:15-1:45	<p>Outcome vs Glycemic-Based Approach - Are We Ready? - Dr. Alice Cheng</p> <p><i>Learning objectives:</i></p> <ul style="list-style-type: none"> • Differentiate between an outcome-based vs glycemic-based approach to antihyperglycemic management • Utilize multifactorial approach to managing diabetes
1:45-2:15	Panel Q&A
2:15-2:30	<p>Closing Remarks - Dr. Julie Lovshin</p> <p><i>Learning objectives:</i></p> <ul style="list-style-type: none"> • To summarize the key learnings of each of the lectures • To highlight the actionable tasks that we can all do to improve our management for our patients with diabetes.