# DIABETES CONNECT 2019: A PRACTICUM FOR PRIMARY CARE - NOV. 15, 2019

#### **SPEAKER BIOS**



#### Alice Y.Y. Cheng, MD, FRCPC

Dr. Cheng is a member of the Division of Endocrinology and Metabolism at Credit Valley Hospital in Mississauga and St. Michael's Hospital in Toronto and is an Associate Professor in the Department of Medicine at the University of Toronto. She completed medical school, internal medicine and Endocrinology training at the University of Toronto and has completed the Master Teacher Program offered through the Department of Medicine. She has served on the Expert Committee for the 2003 Diabetes Canada clinical practice guidelines, the Steering and Expert Committees for the 2008 revision and served as Chair of the 2013 Diabetes Canada clinical practice guidelines. She is currently Secretary-Treasurer of the Canadian Society of Endocrinology and Metabolism and the Chair of the Guidelines

Committee. She is actively involved in continuing medical education and has received a Certificate of Recognition from the Ontario College of Family Physicians, the national Charles H. Best Award and most recently, the Gerald S. Wong Service Award from Diabetes Canada in recognition of her contributions.



## Wendy Graham, RD, CDE

Wendy is a Clinical Dietitian and Certified Diabetes Educator, and has over 30 years experience in the field of diabetes education. She received a Bachelor of Science in Human Nutrition at University of Guelph, did her internship at St. Michael's hospital, Toronto. She was involved in the original setup of the Diabetes Education program at Credit Valley Hospital.

Wendy is recognized for being energetic and dedicated in the delivery of diabetes education. She was

nominated for Canadian Diabetes Educator of the Year in 2000. She was co-creator and partner of Food Quest, a computer program for diabetes food management released in 1997. She has been a member of the CDA national nutrition committee and DES Chapter treasure.

In her present role as mentor/best practice facilitator for Waterloo Wellington Diabetes, she supports health care providers to enhance their knowledge and skill in delivering diabetes care and management. She also develops tools and resources as well as contributing to the content of the regional website.



#### Julie A. Lovshin, MD, PhD, FRCPC

Dr. Lovshin is a Clinician Scientist and Assistant Professor of Medicine in the Division of Endocrinology and Metabolism, Department of Medicine, at the University of Toronto. Dr. Lovshin is an Endocrinologist who specializes in diabetes clinical care, with an emphasis on renal and cardiovascular complications. Dr. Lovshin directs the Diabetes Complications Clinical Research Laboratory at Sunnybrook Health Sciences Research Centre, Toronto, Canada, where her research is focused on mechanistic human investigation in renal, retinal and cardiovascular disease and function.

Dr. Lovshin completed a PhD with Dr. Daniel Drucker on incretin hormones including GLP-1 and GLP-2 at the University of Toronto. She then went on to complete her

medical training and residency in Internal Medicine and Endocrinology and Metabolism also at the University of Toronto. After her medical training, she completed 5-year post-doctoral research studies in clinical investigation in Type 1 and Type 2 diabetes, training with Dr. Daniel Drucker and Dr. David Cherney on renal and systemic hemodynamic function (focusing on incretin-based diabetes therapies and SGLT-2i), as well as with Dr. Bruce Perkins co-leading the Canadian Study for Longevity in Type 1 Diabetes. Dr. Lovshin has also completed research methodology and epidemiology training at the Harvard School of Public Health, Boston, MA.



# Mina Madan, MD, MHS, FRCPC, FSCAI

Dr. Madan is an academic interventional cardiologist and clinical trialist at the Schulich Heart Centre, Sunnybrook Health Sciences Centre. She is an Affiliate Scientist in the Evaluate Clinical Sciences Platform of the Sunnybrook Research Institute. She is an Associate Professor of Medicine at the University of Toronto. Her career has been focused on modernizing the practice of Interventional Cardiology through drugs and device research, knowledge translation of research findings by creating innovative teaching forums, and professional practice development. She has 20 years of experience with leadership positions in

the design and conduct of clinical trials in interventional cardiology and cardiovascular medicine. She was appointed the Director of Interventional Cardiology clinical trials research at Sunnybrook in 2006. Her research interests include: 1) Studying the efficacy and safety of antiplatelet and anticoagulant therapies administered to patients undergoing percutaneous coronary interventions 2) The study of factors, techniques, and strategies that impact on the delivery of care in acute ST-elevation myocardial infarction and acute coronary syndromes and 3) secondary prevention strategies in cardiovascular medicine. 4) Diagnosis and management of patients with spontaneous coronary artery dissection (SCAD).



## Megha Poddar, MD, FRCPC

Dr. Poddar completed her fellowship in Endocrinology and Metabolism from Western University following a residency in Internal Medicine at McMaster University. She has been a fellow of the Royal College of Physicians and Surgeons of Canada since 2014 and has additional training in Obesity and Bariatric Medicine from McMaster University. She is one of the few endocrinologist in Ontario who is certified by the American board of obesity medicine. Dr. Poddar recently joined LMC Diabetes Endocrinology Clinics, a large group of endocrinologists at their new Downtown Toronto location.



#### Veronica Silva, MD

Dr. Silva graduated from Evangelica Medical School in El Salvador. She completed Internal Medicine Residency training at Queen's University, and obtained Nephrology fellowship from the University of Western Ontario. She is certified as a Hypertension Specialist by the American Society of Hypertension (now known as American Heart Association).

Dr. Silva's clinical interests are in the area of Hypertension, Peritoneal Dialysis and Glomerulonephritis. Her positions include: Staff Nephrologist at Trillium Health Partners since 2012; Co-Chair of the Mississauga Hypertension Clinic, founded in 2014; and Co-Chair Peritoneal Dialysis Council, Trillium Health Partners (THP). She is one of the Clinician leads in the opening of the Glomerulonephritis Clinic at Trillium Health Partners, May 2019.

In terms of research and education, Dr. Silva obtained Investigator status, Institute for Better Health, 2018; and is a Clinical Lecturer for the University of Toronto, since 2013.