Heart Disease & Stroke in Special Populations
Hilton Toronto Downtown
December 8-9, 2017

heartandstroke.ca/clinicalupdate
Don't forget to download the Clinical Update App!

Full agenda details including session evaluations, learning objectives, speaker credentials and much more can be found in the conference App.

2 easy steps:
1. Visit eventmobi.com/app and click the appropriate app store logo for your device
2. Launch the EventMobi app and enter event code: 2017clinicalupdate
### Friday, December 8, 2017 – Conference Program

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<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>07:00 - 08:00</td>
<td>Breakfast</td>
<td>Toronto Ballroom</td>
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<tr>
<td>08:00 - 08:20</td>
<td>Opening Remarks – Avril Goffredo, Michael Farkouh, W.J. Oczkowski</td>
<td>Toronto Ballroom</td>
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<tr>
<td>08:20 - 09:05</td>
<td>Keynote Address – Genetics of Stroke: Getting up Close and Personal (Guillaume Paré)</td>
<td>Toronto Ballroom</td>
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<td>09:05 - 09:10</td>
<td>Active Living Fitness Participation</td>
<td>Toronto Ballroom</td>
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<tr>
<td>09:10 - 10:55</td>
<td>Plenary – Heart Disease in Special Populations</td>
<td>Toronto Ballroom</td>
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<td></td>
<td>• Heart Interventions in Older Patients – Filtering for Frailty (Allen Huang)</td>
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<td>• Heart Disease and Pregnancy – The Top 3 Things You Need to Know (Samuel Siu)</td>
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<td>• Heart Disease, Athletes and the Weekend Warrior (Aaron Baggish)</td>
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<tr>
<td>10:55 - 11:20</td>
<td>Nutrition Break</td>
<td>Convention Level</td>
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<tr>
<td>11:20 - 12:50</td>
<td>Concurrent Sessions – Acute Stroke and Early Management (Jennifer Mandzia)</td>
<td>TBD</td>
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<td>Spontaneous Intracerebral Hemorrhage (Ashkan Shoamanesh)</td>
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<td>Managing Diabetes in 2018 – What to Add, When and Why? (Maria Wolfs)</td>
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<td>An Update on Sleep Apnea (Douglas Bradley)</td>
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<td>Athletes Workshop (Aaron Baggish)</td>
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<td>Practical Management of NOACs (John Eikelboom)</td>
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### Friday, December 8, 2017 – Continued

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<tbody>
<tr>
<td>12:50 - 14:00</td>
<td>Lunch</td>
<td>Toronto Ballroom</td>
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<tr>
<td>14:00 - 15:30</td>
<td>Concurrent Sessions – Driving and the Heart and Stroke Patient (Catherine Ballyk &amp; Elke Hilgendag)</td>
<td>TBD</td>
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<td>Cardiac Rhythm Devices: Pacemakers, ILR ICD, CRT: What's Out There and What Should I Know? (William McIntyre)</td>
<td>TBD</td>
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<tr>
<td>14:00 - 15:30</td>
<td>Concurrent Sessions – Indigenous Health (Darlene Kitty &amp; Sheldon Tobe)</td>
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<td>Palliative Care for the Heart and Stroke Patient (Jeff Myers)</td>
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<td>The 3 Minute Neurological Exam Demystified (W.J. Oczkowski)</td>
<td>TBD</td>
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<tr>
<td>14:00 - 15:30</td>
<td>Concurrent Sessions – Keeping Your Patient Out of the Hospital by Preventing a Second Stroke (Grant Stotts)</td>
<td>TBD</td>
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<td>15:30 - 15:55</td>
<td>Nutrition Break</td>
<td>TBD</td>
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<td>15:55 - 17:40</td>
<td>Plenary – Stroke in Women</td>
<td>Toronto Ballroom</td>
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<td></td>
<td>• Migraines and Stroke (Christine Lay)</td>
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<td>• Hormone Replacement Therapy and Stroke (Cheryl Jaigobin)</td>
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<td>• Pregnancy and Stroke (Rick Swartz)</td>
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Saturday, December 9, 2017 – Conference Program

07:00 - 08:00  Breakfast  Toronto Ballroom

08:00 - 09:45  Plenary - Therapeutics  Toronto Ballroom
  • New Trials and Controversies in Hypertension (Eva Lonn)
  • Optimizing Cholesterol Therapy in Patients with Statin Muscle Complaints (Robert Rosenson)
  • Diabetes Management in 2017: The Tides are Turning (Catherine Yu)

09:45 - 10:10  Nutrition Break  Convention Level

10:10 - 11:40  Concurrent Sessions
  Lipids: Looking Forward to 2018 (Robert Hegele)  TBD
  Managing Atrial Fibrillation: Beyond Anticoagulation (Peter Leong-Sit)  TBD
  Addressing Challenges in Heart Failure Management (Maureen Leyser & Stuart Smith)  TBD
  A Case-Based Approach to ECGs (Damian Redfearn & Lorne Gula)  TBD
  Management of Patients with TIA (Cheryl Jaigobin)  TBD
  Interpretation and Common Pitfalls of Neurovascular Imaging (Kanjana Perera)  TBD

11:40 - 13:10  Lunch & Learn  Toronto Ballroom
  Digital Health and Patient Self-Care of Chronic Illness (Joseph Cafazzo)  Toronto Ballroom
Conference Information

Conference Goal
The Heart and Stroke Clinical Update goal is to enable participants to bring the latest clinical developments, guidelines and practical knowledge pertaining to the prevention and management of cardiovascular and cerebrovascular diseases to patient practice. Healthcare professionals with an interest in heart disease and stroke will enhance their knowledge and skills after attending this conference.

Learning Objectives
After participating and active engagement in this program, participants will be better able to:

1. Apply the latest emerging vascular and cerebrovascular clinical trends, guidelines and best practices into their practices.

2. Integrate the newly acquired knowledge and practical pearls for the prevention and management of heart disease and stroke into their day-to-day operations.

3. Implement an interprofessional approach in their clinical practice through learning from case studies and interacting with healthcare providers from different disciplines.
Conference Information

This continuing education event was held under the auspices of Continuing Professional Development, Faculty of Medicine, University of Toronto and the Heart and Stroke / Richard Lewar Centre of Excellence in Cardiovascular Research.

Accreditation

College of Family Physicians of Canada – Mainpro+:

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Faculty of Medicine, University of Toronto for up to 12 Mainpro+ credits.

Royal College of Physicians and Surgeons of Canada – Section 1:

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by Continuing Professional Development, Faculty of Medicine, University of Toronto. You may claim a maximum of 12 hours (credits are automatically calculated).

Registration/Information Desk

Convention Level Foyer

Thursday, December 7 07:30 - 19:30
Friday, December 8 06:30 - 18:00
Saturday, December 9 06:30 - 13:30

WIFI

Network: Hilton Meetings
Room: WIFI
Group Name: clinical
Password: update

Heart & Stroke Clinical Update Secretariat

Telephone: 647-943-3194
Email: clinicalupdate@heartandstroke.ca
Your chance to Win!
A two night stay at the Toronto Hilton Downtown.

Visit clinicalupdate.ca and complete the conference evaluation to receive your certificate of attendance.

You must complete the evaluation by December 21, 2017 to enter.

Save the Date
December 7 – 8, 2018
[Pre-Conference December 6, 2018]
Hilton Toronto Downtown Hotel
clinicalupdate.ca
Our commitment to improving the care of patients with AF and VTE

AF = atrial fibrillation; VTE = venous thromboembolism

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it takes an innovative mindset to change diabetes

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At AstraZeneca Canada we strive to deliver great medicines to patients through innovative science. But managing disease can't be done with medicines alone. Together we can develop creative solutions to help tackle the challenges of effectively preventing and treating disease.

AstraZeneca is proud to support the *Heart & Stroke Clinical Update* as part of our commitment to improving the quality of life of Canadians living with diabetes and heart disease.
Acknowledgements

The organizers wish to acknowledge and thank the following supporters for providing educational grants.

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